

Minutes of PHRN CG Fast Track 1st to 6th December 2008

The Fast Track Capacity building on District Health Planning and Management was conducted for the fourth Batch (1st round) from 1st December to 6th December 2008 at **New Circuit House, Civil Lines, Raipur**. The total participants participated in this training was Fifty Seven (57). These participants consisted of different cadres' viz. Civil Surgeons, CMHOs, MOs, DHOs, BMOs and BETOs. The Resource persons comprised of National and state level cadres. Day wise training sessions and activities are as follows.

Dec 1, 08 Day 1:

The programme began with a brief intro and welcome by Dr. Megha Khobragade

The sessions conducted on day one are:

1. Goals of Public Health (**Ms. Sulakshana Nandi**)
2. Goals of NRHM (**Dr. Kamlesh Jain**)
3. District Health Planning-I (**Mr. Sanjoy Samaddar**)
4. Leprosy in CG (**Dr. Saurab Jain**)

In the leprosy session Dr. Sarkar facilitated the session as panelist and had distributed IEC handouts to the participants.

Group work (in 5 groups of 10) on the following topics: Discuss the various reasons for the following conditions -

1. High MB % and High disability
2. High MB% and Low disability
3. Low MB% and Low disability
4. Low MB% and High disability
5. Low treatment completion rate

Dec 2, 08 Day 2:

The following sessions were taken on day II

1. Mainstreaming Women's Health (**Mrs. Shalini Raman**), this session was chair by Dr. Geetha Rana and Ms. Sulakshna Nandi as Panelist.

2. Maternal Health in the CG PIPs (**Dr. Geetha Rana**)
3. District Planning for Improving Maternal Health (**Dr. Geetha Rana**)
4. Tools of Planning- Information (**Dr. R.C.Ram**)
5. Tools of Planning – Quantitative(**Dr. R.C.Ram**)

Group work (in 5 groups of 10) on the following topics:

1. A programme is being developed with a focus on the strengthening of FRUs as the major strategy for reducing maternal mortality. Decide what is the goal, the objectives, the outcome indicator, the activities and the inputs as well as indicators
2. You are working with a population of 250,000, with a crude birth rate of 27/1000 population. How many women would need ANC? How many would be likely to develop complications? How many are likely to require a Caesarean section?
3. What are the objectives of the JSY? What were the bottlenecks that were removed and why? What is the maximum amount the mother gets and what would the ASHA get- in rural and in urban areas? What are the current bottlenecks that the program is reporting?
4. Identify the constraints to effective maternal health planning in your district and suggest corrective steps to address these
5. Describe the “three delays” known to contribute to maternal mortality and the specific factors that affect these in your area. How would you address these factors in your programme?

The Secretary Health and Family Welfare, Dr. B.S.Sarva, Joint Director NRHM CG, Dr. K.K. Srivastav and the SPM paid a short visit. Dr. Sarva and Dr. K.K.Srivastav also had exhorted the participants and clarified few programmatic and administrative issues at the state, district and block level.

Dec 3, 08 Day 3

Day III sessions were as follows:

1. Child Health in CG PIP (**Dr. Pravin Khobragade**)
2. Choice of Strategy in Child Health District Planning (**Dr. Pravin Khobragade**)
3. Child Survival Best Practices (**Dr. Pravin Khobragade**)
4. Reaching IPHS Standards for PHCs and CHCs (**Dr. Padmanaban**)
5. Bottlenecks to attaining 100% Immunization in CG (**Dr. Pravin Khobragade**)

Group work (**in 5 groups of 10**) on Child Health in the health system facilitated by Dr. Pravin Khobragade on the following topics:

1. Plan to strengthen delivery points for vaccines
2. Setting up of a neonatal intensive care unit in the District Hospital
3. Routine Neonatal Care Immediately after Birth
4. Immediate care that needs to be provided to the newborn that is LBW to ensure better survival chances
5. Calculation of Vaccine stock and delivery

The Mission Director, NRHM CG, Mrs. D. Ahluwalia, paid a short visit on this day.

Dec 4, 08. Day 4:

Following sessions were conducted on day IV:

1. Mitanin Programme – Understanding & Structure of the programme in the context of district Health Planning (**Mr. Avinash Loomba**)
2. Swasthya Panchayat in the context of district health plan (**Mr. Avinash Loomba**)

The above two sessions were chaired by Dr. Pamboi (CMHO, Bilaspur), Dr. Kamlesh Jain as panelist.

3. Village Health Committee & Panchayat Role (**Samir Garg/Dr. Kamlesh Jain**)
4. Jeevandeep Samiti & Hospital Reforms (**Dr. Madan Gopal**)
5. Introduction to BCC/(**Mr. V.R Raman/Ms Sarover**)
6. BCC in District Plans(**Mr. V.R Raman/Ms Sarover**)

Dec 5, 08 Day 5:

The sessions taken on day V were as follows:

1. Malaria in CG (**Dr. Jaiprakash State Malaria Officer, Dr Anurag Bhargav JSS Ganiyari, Dr Bhatt National Institute of Malaria Research**),
2. Control of malaria in the district plan (**Dr. Jaiprakash State Malaria Officer, Dr Anurag Bhargav JSS Ganiyari, Dr Bhatt National Institute of Malaria Research**)

The above two sessions were chaired as panelist by, Dr. K. K. Srivastav and Dr. Antony.

3. TB Control in the District Plan(**Dr. Vijayshree, Dr Anurag Bhargav**)

4. Health Equipment Management Systems in CG (**Mr.Purshottam Sainik**)
5. HIV problem in CG state (**Dr. Madan Gopal/Mr. Ajay Singh, Dr Anurag Bhargav**)
6. HIV control in the district health plan (**Dr. Madan Gopal/Mr. Ajay Singh, Dr Anurag Bhargav**)

State TB Officer Dr. Dewangan was panelist for the session on TB and Mr Ajay Pandey Project Director CGSAC was panelist for the session on HIV.

Dec 6, 08 Day 6:

The session topics for the final day were as follows:

1. District Health Planning – II – logical Frameworks & Monitoring (**Mr. Sanjoy Samaddar**)
2. Training Strategy and Training Institutions (**Mr. V.R. Raman**)
3. Ensuring outcomes from training programme (**Mr. V.R. Raman**)
4. Convergence (**Mr. Samir Garg**)
5. Action Plans & Feedback (**Dr. Megha Khobragade**)

Group work on Logical Framework in Five Groups based on the Matrix below on the following topics:

1. RNTCP
2. Immunization
3. Malaria
4. Preventive measures of Diarrheal Disease
5. Improving patient satisfaction in district hospitals/CHCs
6. Improving drug distribution
7. Plan for reducing episodes of outbreak of water borne disease in the district
8. Family planning

The logical framework was done by all the above groups using following table.

Project Element	Verifiable Indicator	Means of verification	Assumptions
Development Objective			
Immediate Objective			

Outputs			
Activities			
Inputs			

Valedictory Session & Distribution of Certificates:

Mrs. D. Ahluwalia, Mission Director, NRHM CG, graced the occasion accompanied by the SPM, Mr. Uriya Nag, and had exhorted the participants on their attending the training and also had encouraged them to take these learning for practical use in contributing to the planning of their respective programme plans and also to the district action plans. She further had encouraged the participants to come forward with innovative plans and enthusiastically work for the welfare of the state and its community. She also had promised to provide any help and support required in her capacity to the development and improvement in the health status and the health system in the state. In addition to this Dr. Antony, Director, SHRC, Raipur also had exhorted the participants.

The valedictory session further was flavoured by the presence of Mrs. Phoolbasan (Mitandin, Rajnandgaon) the award winner of Mini Mata Award from CG Govt., NABARD, and ZEE Astitvav National Award for rare achievements in social work and Self Help Group, National Jamanalal Bajaj Award for Social Work, other state Level Awards. She is the President of the Women's Self Help Groups of more than 10,000 of SHG from Rajnandgaon District who is also a Mitandin. She also has committed to utilize the cash award of Rs. 5 lakhs for constructing a meeting hall for Mitandins and SHGs in Rajnandgaon. She exhorted the gathering with her heart touching experiences and the will to work for the community especially women and children, the weak and the downtrodden population of the society. Following these, the certificates were distributed to the participants by Mrs. Ahluwalia, Dr. Antony and Dr. Kamlesh Jain. Besides these, certificates of Participation also were distributed to the course participants of PHRN enrolled in CG who were certified for RCH for modules 1-5. This was followed by a vote of thanks and collective song by Mr VR Raman.

In conclusion, the overall training was a grand success with a high level of participation and interactive sessions, sharing of experiences, positive feedback and support from the participants.