

REPORT ON FIRST CONTACT SESSION OF PGDDHM COURSE OF IGNOU

The first contact session of IGNOU PGDDHM course was organized from Feb.11, 2010 to Feb.17, 2010 .

Venue: - Q. No. 28, PHRN, New Panchasheel Nagar, Katora Talab, Raipur.

The aim of this first course of the spell was to give an introduction to Public health and orient the students on the concepts and politics of public health including the public health system that exist in the country.

The objectives of the spell were to cover two courses:

- 1) Public health system and
- 2) Women and Child Health.

After going through this spell, participants were expected to be able to –

- Understand the public health concepts and basics of epidemiology.
- Know the major causes of maternal mortality and the techniques of verbal autopsy for maternal deaths.
- Know the infrastructure, facilities and functioning of a Primary Health Centre.
- Familiarize themselves with the Disease Control Programmes.

Resource Persons:-

1. Dr. Teeku Sinha
2. Dr. Madan Gopal.
3. Dr. Nilesh Jain
4. Dr. Sumi Jain

5. Dr. Pravin Khobragade
6. Dr. Megha Khobragade
7. Dr. Kamlesh Jain
8. Mrs. Anupama Tiwari
9. Mrs. Sulakshana Nandi
10. Dr. Anjum Soni
11. Mr. Sanjoy Samaddar
12. Mr. Avinash

List of Participants:-

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|---|--------------------|
| 1 | Arvind Kumar Soni |
| 2 | Satya Prakash Sahu |
| 3 | Prahlad Sahu |
| 4 | Ashish Rangnath |
| 5 | Sumit Prakash Soni |
| 6 | Dr. Veena Verma |
| 7 | Jeetendra Kumar |
| 8 | Suman Singroul |
| 9 | Keshav Kumar |

10	Anju
11	Dr Shirish kumar Soni
12	Ashish Mukherjee
13	Sandeep Tamarkar
14	Praveen Kumar Sharma,
15	Prem Shankar Verma
16	Santosh Patel
17	Manoj Kumar Patel
18	Girish Kurre,
19	Sankutala
20	Ramjag Gond
21	Praveen Kumar Rathore
22	Dr. Javed Quereishi

Day-1:-

Day-1 begun with the welcome function & introduction of all participants and resource persons. Introduction of PGDDHM course was done briefly and the participants were divided into four groups in order to facilitate better learning by making PP presentation of previous day & group wise presentation.

Session-1: Epidemiology & Surveillance.

Resource Person – Dr. Teeku Sinha.

In this session, Dr. Teeku Sinha focused light on the definition of Epidemiology, concepts, different study designs, surveillance, and different types of surveillance activities, indicators and different methods of surveillance, incidence & prevalence. This session helped to clear the idea of participants regarding basics of Epidemiology & surveillance.

Session-2: Community Based Maternal Death Audit-Verbal Autopsy.

Resource Person - Dr. Madan Gopal.

In this session, Dr. Madan Gopal focused attention on the maternal mortality ratio in various states in India, various issues related to MMR, discussed on objectives of maternal death reporting and various modules of verbal Autopsy of maternal deaths. He also discussed the reporting mechanism at various levels and impact of such reporting on health system. ‘Verbal Autopsy’ forms were provided for the session. Participants were taught to handle verbal autopsy sensitively.

Day-2

Session-1: Contraception and Adolescent Health.

Resource person - Mrs.Anupama Tiwari

Mrs.Anupama Tiwari focused light on Adolescent age groups, stages of adolescence, their characteristics, various health issues related to adolescents and the issue of contraception need among adolescents.

Session-2: National Rural Health Mission.

Resource Person – Dr. Kamlesh Jain.

Dr. Kamlesh Jain introduced the participants to ‘NRHM’ along with key concepts of Public Health System and the need to improve health indicators. The opportunity given under NRHM to work in health scenario was given through a

presentation. This session was followed by group discussion on achievements of NRHM & functioning of Rogi Kalyan Samitis.

Session-3: Social Marketing .

Resource Person – Sanjoy Samaddar.

During this session, emphasis was given on 5 “P”s of Social Marketing i.e. Product, Price, Place , Promotion , Positioning and critics of Social Marketing were discussed.

Day-3:

Facilitators – Dr. Anjum Soni, Sulakshana Nandi, Anupama Tiwari.

Three annexure for log book & formats of IPHS Health Facility Survey were distributed to the participants and various issues related to these formats were discussed. Discussion regarding field visit was done & the facility survey formats were distributed.

Then each group left for Field Visit. Each group was assigned to conduct a facility survey of Anganwadi, CHC, PHC, HSC and present their reports on subsequent days. The four groups visited the health facilities in Champaran, Dharsiwa and conducted the facility assessment as per IPHS.

Day-4:

Session-1: National Health and Disease Control Programs.

Resource Person – Dr. Megha Khobragade.

Dr. Megha addressed the various National Health and Disease Control Programs. A detailed session was taken on IDSP & Epidemic Control, Malaria & Tuberculosis in India and various issues related to the National Control Programmes.

Session-2: Goals of Public Health.

Resource Person – Dr. Teeku Sinha.

Dr. Teeku Sinha focused attention on issues in Public Health, discussed reports of Bhole Committee, Alma Atta Declaration. He also addressed the issues of Millenium Development Goals and Poverty Reduction as one of the health issues.

Day-5:

Session-1: Socio medical determinants of child health and strategies.

Resource Person – Dr. Pravin Khobragade.

In this session, Dr. Pravin Khobragade focused light on medical determinants & strategies related to Child health, cold chain for immunization, managerial issues in immunization, steps in preparing a sub centre micro plan etc.

Sessio-2: Strategies For Child Survival and Health in the District Plan & The socio-medical determinants of child mortality.

In this session, Dr. Pravin Khobragade addressed the issues of Child Mortality in India, Effective intervention strategies to reduce neonatal mortality, strategies of HBNC & IMNCI, role of ASHAs and CHWs in reducing child mortality.

Session-3: Socio Medical Determinants of Maternal Mortality.

Resource Person – Mrs. Sulakshana Nandi.

During this session, Mrs. Sulakshana addressed the issues of Maternal mortality Ratio in India, key interventions needed to reduce MMR, issues of skilled attendance at delivery, maternity services, govt. initiatives & schemes like JSY.

Day-6:

Session-1: Mainstreaming AYUSH in NRHM.

Resource Persons – Dr. Nilesh Jain & Dr. Sumi Jain.

Dr. Nilesh & Dr. Sumi Jain focused light on various treatment strategies available in Ayurveda, Yoga, Unani, Siddha & Homeopathy and possible scope of integrating those strategies in NRHM.

Session-2:

Presentation of Group activities by Four Groups using Power Point Presentation.

Day-7:

Session-1: BCC & Reducing Maternal Mortality.

Resource Persons – Mr. Avinash.

Mr. Avinash conducted a session on Behavior Change Communication related to the issue of reducing maternal mortality & discussed the implementation & planning framework for BCC. He also discussed regarding training on BCC.

This session was followed by Valedictory Function and the first Contact Programme was called off.