

**REPORT ON THE THIRD CONTACT PROGRAMME – 22nd OCTOBER TO 28th OCTOBER, 2010**

**BATCH 2009-2010**

**VENUE: PUBLIC HEALTH RESOURCE NETWORK, 28, NEW PANCHSHEEL NAGAR, KATORA TALAB,  
RAIPUR.**

**INTRODUCTION:**

Indira Gandhi National Open University in collaboration with the Public Health Resource Network and National Rural Health Mission started the Post Graduate Diploma in District Health Management (PGDDHM) from July 2009. As the name suggests, the course is intended to train the professionals working in the health sector.

The programme aims at strengthening public health system and especially the National Rural Health Mission. The course is being conducted in distance education mode. There are three spells of contact sessions. The first contact programme of the second batch programme was conducted during 22<sup>nd</sup> October to 28<sup>th</sup> October, 2010. This report gives an account of the sessions and discussions held during the contact programme.

**RESOURCE PERSONS:**

- 1) Sulakshana Nandi
- 2) Rachana Tiwary
- 3) Dr. Surendra Gupta
- 4) Dr. Kamlesh Jain
- 5) Dr. Saurabh Jain
- 6) Anupama Tiwary
- 7) Dr. Santosh Kumar
- 8) Dr. Onkar Khandwal
- 9) Dr. Nilesh Jain

**PRESENT PARTICIPANTS:**

Sr. No.	Name of Candidate
1	Rakesh Verma
2	Rakesh Yadav
3	Sourabh Virmani
4	Hemlata Jangade
5	Nishamani Sahu
6	Ashok Kumar Singh
7	Vaibhav Diodia
8	Neeraj Mukherjee
9	Neelmani Nayak

10	Sheel Kumar Dawana
11	Ramesh Verma
12	Dr. Surendra Nishad
13	Rajeev Baghel
14	Dr. S. Noor
15	Dr. Sanjay Mishra
16	Mahendra Kumar
17	Arpana Singh
18	Jaya Mishra
19	Dr. Kailash Pandey
20	Dharmendra Dewangan
21	Pawan Mohod
22	Gajendra Dongare
23	Punita Banjare
24	Aaju Ram Verma
25	Dr. Sumi Jain

#### **PROCEEDINGS:**

##### **Day 1:**

The session that was scheduled on the Day 2 was on Introduction to Public Health system and Indian Public Health Standards. The resource person was Dr. Kamlesh Jain from State Health Resource Centre who has an extensive experience of working in the field of Public Health in Chhattisgarh.

Dr. Kamlesh Jain started the discussion with an introduction of the participants and their present designation. From that, he began talking about the Public Health System with the reference to the state of Chhattisgarh. In continuation with this, he talked about the Indian Public Health Standards with the help of a Power Point Presentation. He gave an introduction to the concept and the different standards set for CHC, PHC, and SHC etc.

The session was interactive and informative and the resource person gave many examples from the field and shared his own experiences while he worked with and within the Public Health System.

In the second half, the Programme-In-Charge had discussion with the participants on the field visit and the other practical assignments.

##### **Day 2:**

The day 2 of the first contact programme started with the Induction Session. In the Induction Session, the Programme-in-Charge gave an introduction to the IGNOU and the PGDDHM programme with the help of Power Point Presentation. In this session, he tried to clarify the doubts that the participants had initially.

After the induction session, there were two sessions those were scheduled on the first day. Dr. Santosh Kumar from PHRN, Chhattisgarh conducted these two sessions.

The first session was on introduction to the National Rural Health Mission. This session was conducted by Dr. Santosh Kumar. He talked about the Public Health System and the problems that it is facing and goals and strategies of NRHM to address these persisting problems.

The second session was on Social Marketing in which Dr. Santosh talked about the Concept of Social Marketing, the applicability of the concept in field. He talked about the five “P’s” standing for Product, Place, Price, Promotion, Positioning. The participants were introduced to a totally new concept to their field in this session.

#### **Day 3:**

There were 3 sessions scheduled on Day 3.

In the first half, the scheduled session was on Introduction to Disease Control Programme and Disease Surveillance and IDSP Control of T.B. The resource person was Dr. Surendra Gupta who is working as an Epidemiologist in the Directorate of Health Services, Chattisgarh.

In the second half, the scheduled session was on Promoting contraception and Adolescent Health and the resource person was Anupama Tiwary who is the District Programme Manager for Raipur.

In the first half, Dr. Surendra had an interactive session with the participants with the help of the Power Point Presentation. The session was an informative session with appropriate examples which the participants thoroughly enjoyed.

In the second half, Anupama Tiwary started the session with an informal discussion on adolescence and the problems in the adolescence. The participants were requested to share their own examples and experiences on the issues of adolescence. She used white board to illustrate and explain. It was followed by the Power Point Presentation. She gave statistics from the state of Chhattisgarh and example from her own field.

#### **Day 4:**

There were 4 sessions scheduled on the Day 4.

In the first half, the scheduled session was on the Millennium Development Goals. The resource person was Dr. Saurabh Jain from State Health Resource Centre, Raipur.

He talked about the background and history of Millennium Development Goals. He outlined all the goals and the corresponding indicators set. Further he talked about the importance of these goals and how it influences the Health Programme at the local level, too.

The second session was on the Introduction to Epidemiology. The Resource Person was Dr. Santosh Kumar from PHRN, Raipur. In his session, Dr. Kumar talked about the basic concepts in Epidemiology and the practical application in the work of the Health Professionals. This was important as all the participants in PGDDHM are working in the field; therefore he concentrated more on the practical aspects of Epidemiology.

In the second half, the scheduled session was on the IEC/BCC component of your district plan for reduction of maternal mortality. The resource person was Rachana Tiwary who has worked extensively in the field on the IEC/BCC Components of various programmes. Presently, she is associated with the State Health Resource Centre, Raipur.

She started the presentation with the pictures underlining the importance of apt communication. The presentation had many examples from the field which made the session lively and interactive. The response of the participants was very much positive.

The next session was the rescheduled session of Dr. Nilesh Jain on Mainstreaming AYUSH in NRHM. Dr. Nilesh Jain works with SHRC on the AYUSH component in NRHM. He had the session with carefully self prepared Power Point Presentation. The session was interactive and had discussions around the issues such as Rural Medical Assistants, their role and BAMS doctors etc.

#### **Day 5:**

On the Day 5, there was a scheduled field visit of the participants.

The field visit was to the Public Health Facilities at the Village and Block Level. There were Primary Health Centre, Community Health Centre and the Sub Health Centre to be visited and the facility survey had to be conducted for at least one facility. The field visit was planned in such a way that, each participant will have the exposure of at least two Public Health Facilities.

The participants were divided into 3 groups and they were sent to three different settings. The schedule prepared for the field visit is attached with this report to give an idea about the plan. On this day, all the participants had their field visit and they came back to the office.

#### **Day 6:**

In the first half of Day 6, the scheduled programme was the preparation and presentations by the three groups on their field visit. In the first half, the three groups came together at 10:00 and started preparing for the presentation. They used white sheets, sketch pens, photographs and white papers for the presentation and preparation. The participants used chart papers for their presentation. The participants painstakingly prepared the charts outlining every detail of the facility survey and giving their suggestions to improve the service delivery.

At 12:20, the groups started with their presentations. Every presentation was followed by a discussion among them. The Programme-In-Charge and Dr. Santosh Kumar from PHRN moderated the discussions. The photographs of the charts and the presentation are attached with the report.

In the second half, there were two sessions scheduled. The first session was on Socio-medical Determinants of Child Health and Strategies. The second session was on the Managerial issues in Immunisation. The resource person was Dr. Onkar Khandwal who is the Professor in Medical College in Raipur. He also works with the state government to train the officials and doctors on the issues of child health.

### **Day 7:**

On the last day of the Contact Programme, there were three sessions scheduled. The first session was Socio-Medical Determinants of Maternal Mortality. The second session was on Verbal Autopsy on cause of maternal deaths. The resource person was Sulakshana Nandi, state convener of Public Health Resource Network, Chhattisgarh who has extensive experience of working in the fields of right health and right to food.

In the first session the resource person talked about the various socio medical determinants of maternal mortality with reference to tribal areas in Chhattisgarh. In the second session resource person talked about the importance of verbal autopsy as a tool and how sensitively it should be used.

In the second half, the scheduled session was on ICDS scheme & Overview on malnutrition in Chhattisgarh context. The resource person was Sameer Garg who presently works with SHRC. He has vast experience of working on issues of malnutrition.

The session by Sameer Garg was an interactive presentation where he started with the basic concepts of nutrition and malnutrition. He used white board to explain the basic concepts .His presentation was simple and expounding which helped in the better understanding of the participants.

This was the last academic session of the 1<sup>st</sup> Contact Programme. After this, the Programme- In- Charge had a discussion with the participants on the use of LOG BOOK and the practical assignments in the LOG BOOK. He tried to clarify the doubts of the participants. The participants were given the books of the PHRN on related topics so that the participants have some material to study. (The study material has not arrived in regional centre of IGNOU). The Programme-In-Charge also distributed the Xerox copies of all the necessary documents related to the IPHS and Facility Survey. This was the last activity of the contact programme.

## **PLAN FOR THE FIELD VISIT FOR PGGDDHM BATCH**

All the scholars are informed that for the field visit scheduled on **26<sup>th</sup> October, 2010**, there will be 3 groups going to different settings. All the scholars will leave **from PHRN office at 9:00 AM** in different vehicles arranged by PHRN. The first **person in each group will be the coordinator for the group**. For any clarification, please call **Pratik Phadkule- 8889685717 or Santosh Kumar- 8103676842**. Each group will be preparing a presentation on the visit **and present it on the Wednesday, 27<sup>th</sup> October, 2010. (10:00 to 1:30)**

Sr. No.	Place of Visit	Exposure	Group Members	Expected Activity
1	Nimora Village , Dharsiva CHC	Immunization Session Anganwadi, VHSC and CHC	<b>Gajendra Dongare</b> Arpana Singh Dr. S K Mishra Sheel Kumar Dawna Dharmendra Dewangan Aaju Verma Neeraj Mukherjee <b>Santosh Kumar-PC,PHRN</b>	Facility Survey of CHC,  Exposure to Immunisation, Anganwadi and VHSC.  <b>(Facility survey format,Check list Will be given)</b>
2	Abhanpur , Sarkhi (village 5 km away from Abhanpur)	Community Health Centre, Sub Health Centre	<b>Rakesh Kumar Varma</b> Rakesh Kumar Yadav Saurabh Vermani Vaibhav Deodia Nishamani Sahu Mahendra Kumar Sahu Punita Banjare <b>Pratik Phadkule-PC,</b> <b>PHRN</b>	Exposure to Immunization,SHC  Facility Survey of CHC  <b>(Facility survey format,Check list Will be given)</b>
3	Uparwara and other VHSC	Primary Health Centre/VHSC	<b>Anupama Tiwari - DPM</b> S K Nishad Pawan Kumar Mohod Kailash Pande Dr. S Noor M Jawed Qureishi Neelmani Nayak Jaya Mishra	Exposure to PHC, VHSC  Facility Survey of PHC  <b>(Facility survey format,Check list Will be given)</b>