

# PHRN NEWSLETTER

### **EDITORIAL**

progress in COVID-19 vaccina- Koraput to be addressed. During these mobilise resources for unprecedented and challenging crèches administration in areas.

In Odisha, during this period we communicable diseases. expanded the vaccination pro- We teams were recognised and district team was also felicitated southern Surakshit Tum Abhiyan' by Shri Asia 2021' conference. Kamal Lochan Mishra, OAS (Special Secretary), District Col- A heartfelt thanks to entire Apart from COVID 19 related partners for their support. activities, we have also been

successfully running crèches in Odisha under our programme The year started with the entitled 'Mainstreaming crèches spread of a highly contagious to reduce malnutrition in Odomicron variant of SARS CoV2, isha' and this has led to commualthough less severe compared nity demand for crèches in the to the earlier variants. Our state. A delegation of mothers country has made extraordinary from the Padampur village in and Kalyansingpur tion in a short period of time. block in Rayagada approached However, expansion for the cov- the District Collector to extend erage of mass vaccination of their support for continuation of marginalised population with crèches in their villages. A conpoor access to services remains tinuous effort is being made to the through various times. PHRS team in Odisha and sources. Our intervention in ur-Jharkhand has shown immense ban areas in Puri districts has commitment and has tirelessly also demonstrated the efforts provided support to the district taken toward accelerating acmanaging tions on non communicable dis-COVID 19 and extended support ease to promote good health. in mobilising community for With support from GAIL Gas Ltd vaccination. We have worked and district administration, the closely with the district health PHRS team in Puri organised a teams to support COVID 19 vac- free NCD screening and referral cination among the marginal- camp in Urban Primary Health ised community and in far flung Centre, Baliapanda. The camp supported free medical consultation and referrals for non-

also congratulate Mr gramme to 5 blocks in two dis- Shahnawaz Khan, Senior Protricts namely- Rayagada, and gramme Coordinator for pre-Malkangiril. In December '21, senting a paper on "Impact of the efforts taken by the district COVID-19 pandemic on nutritional status of children beappreciated by the Nabrangpur tween 6 months to 3 years endistrict administration and our rolled under crèche program in Odisha" at the during an event- 'Surakshit Hum 'Delivery for Nutrition in South

lector and District Magistrate . team, network members and

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### NEWS FROM THE SECRETARIAT

# **Bastion Magazine**

series were on the topics:

Mothers' Alone by Dr Vandana ers were also discussed. Prasad and Prof Dipa Sinha: In this series Dr. Vandana and interviews/raising-healthy-Dr. Dipa explained measures that need to be taken responsibility-not-mothersby the government to address alone/ the numerous nutrition and health challenges faced by the Counting on Crèches: How counting-on-creches-howchildren, pregnant women and Community-led Interventions community-led-interventionslactating mothers. Dr. Vandana Can discussed about the portance of nutrition during sad:

## ing

PHRS meeting was held on 22<sup>nd</sup> Oc- datory Food Fortification" on tion. The board was apprised tober 2021. During this meet- 25th October 2021, organised on the income and expendiing discussions were held on by Bharat Krishak Samai at the ture and organisation's turnothe increasing attrition of hu- India International Centre, ver of the financial year 2020man resources as the project New Delhi. The roundtable 2021. The board was updated is on the verge of closure. A involved discussions on: proposal on salary increment was shared with the EC mem- 1. micronutrients/ nutrition projects along with their deadbers. A detailed discussion on accounts and admin issues. various proposals submitted 2. Nutrition/conflict of inter- jects submitted to various orand ongoing project activities was also done. The members also discussed to organize a 3. Production, processing and prehensive nutrition work in meeting with PHRS team members in Iharkhand to decide the further course of Governing Board Meeting PHRS run crèche in Jharkhand. PHRS 12<sup>th</sup> Governing Board Holla for her contribution and

datory Food Fortification

the critical peri- Dr. Vandana Prasad discussed

Childhood Care to Life- The years of age. They also dis- age. She talked about setting cussed the impact of COVID-19 up of the crèche model along on the food security as the An- with the series of Participator Dr. Vandana Prasad and Dr. ganwadi centres has been Learning and Action with the Dipa Sinha contributed their closed for almost two years community on health and nuinsights for bringing up a two now and suggested for services trition to demonstrate childpart series on nutrition and and AWC to restart with fair care services for young chilearly childhood care to life to degree of care. A brief insight dren. She described crèches as 'The Bastion' magazine. The on the inclusion of breakfast in the resource centres for chilthe mid-day meal program for dren and mothers where school children was shared young children are taken care Raising Healthy Children is and major bottlenecks in right of. She further talked about the Society's Responsibility, Not to food for children and moth- importance of involving the https://thebastion.co.in/ the children-is-societys-

> Create im- Change with Dr Vandana Pra-

od of growth in about the crèche model that children espe- addresses malnutrition among Series on Nutrition and Early cially among children under 2 children under three years of communities in such programs in overcoming the burden of malnutrition while the government can provide support in training, capacity building and allocation of resources. https://thebastion.co.in/film/

Lasting can-create-lasting-change/

Executive committee meet- Dr. Vandana Prasad was invit- tailed discussions were held ed as a key participant for a on the financial and organisaexecutive committee roundtable on "Policy on Man- tional updates of the organisa-

- tion in that context
- tives and business
- themes around it

Meeting was held on 18th De- support to PHRS. Roundtable- Policy on Man- cember 2021 on a virtual platform. During this meeting, de-

on the human resource status and status of all the ongoing malnutrition and fortifica- lines. A brief discussion was held on the status of new proest/ decentralized alterna- ganisations such as the expansion of OPNIP PMU and com-Odisha. The board members during the meeting also paid their respect to Ms. Radha

### **NEWS FROM ODISHA**

### PROGRAMME UPDATES Mainstreaming Crèches to reduce malnutrition in Odisha

The efforts of Public Health Resource Network have been recognised by the district administration of Nabarangpur for their support in combating COVID-19 pandemic in the district. Shri Kamal Lochan Mishra, OAS (Special Secretary), District Collector and District Magistrate felicitated the district team on 13th December 2021 during the programme meeting of 'Surakshit Hum Surakshit Tum Abhiyan'. The district administration is coordinating this abhiyan with the support of Niti Ayog and Piramal Foundation. PHRS has been supporting the programme as a member of the Aspirational District Collaborative for the period of 2021-22.





# Communities demanding for crèches

A delegation of mothers of children under three years of age from four villages of Padampur GP of Koraput district led by the Sarpanch met Sri Abdal M Akhtar, IAS, Collector and District Magistrate, Koraput on 2<sup>nd</sup> December 2021 and submitted a letter for continuation of the crèches in the villages. The crèches are currently being run and managed by PHRS and APF and are scheduled to be phased-out after May 2022. A second delegation mothers from of Kalvansingpur block of Rayagada district met the Block Development Officer for continuation of the crèches with support from the Government of Odisha.

### **Participation** in nutrition conference

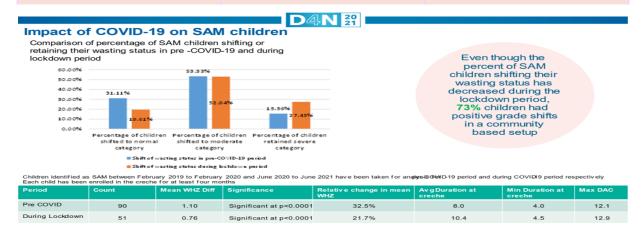
An abstract titled "Impact of COVID-19 pandemic on nutritional status of children between 6 months to 3 years enrolled under crèche program in southern Odisha" was selected for presentation at the 'Delivery for Nutrition in South Asia 2021' conference.

The focal area of the presentation was 'Impact of COVID-19 on infant and young child feeding practices, diet quality, food security, nutritional outcomes'. The presentation was done by Mr. Shahnawaz Khan from of the COVID-19 and subse- got enrolled in the crèche pro-PHRS on 1st December 2021. quent lockdown on the nutri- gramme during the lockdown



the change in the strategy of identified as SAM enrolled in the implementation of the pro- the crèche programme. A comgramme Crèches to Reduce Malnutri- rolled before the pandemic tion in Odisha' and the impact was made with the ones who The presentation highlighted tional status of the children period.

'Mainstreaming parison of SAM children en-



### nators on e-Kalika (MIS for crèche programme)

e-Kalika is a Management In- across the state in the PVTG being used for 150 PHRS-APF Programme (OPNIP)" gramme Crèches to Reduce Malnutri- these crèches as well. In this Government of Odisha as the and 30th November 2021 for MIS platform for every crèche 17 ment, Minorities and Back- Odisha. PHRS as part of the

Training of Nutrition Coordi- ment, Government of Odisha sions of the training prohas taken over 25 crèches in gramme. the PVTG villages and also has

a plan to open new crèches formation System for the villages under the "Odisha crèche programme currently PVTG Nutrition Improvement prorun crèches under the pro- gramme. e-Kalika would be "Mainstreaming used as the MIS platform for tion in Odisha". e-Kalika has context, a two-day residential now been up scaled by the training was conducted on 29<sup>th</sup> nutrition coordinators in the state as a part of the 5T working at the micro project programme. ST&SC Develop- agency level in 12 districts of ward Classes Welfare Depart- PMU-OPNIP facilitated the ses-



# district, Odisha"

actively transacted the micro women collectives demanded a have been conducting the organising home visits, studies.

SHG-AWW-ASHA interface

### **Training of Trainers (ToT)** of the program facilitators:

Three day training was organised for the program facilitators in Bhubaneswar from 13<sup>th</sup> to 15th November. The modules on gender, early marriage, adolescent health and wellbeing, reproductive health with focus on adolescents, rights and entitlements were transacted in the TOT with the active support of the state resource team members Ms Swati Das, Ms Pramita Satapathy, Ms Swagata Tarafdar, Mr Dillip Basantray and Mr Satya Patnaik. The training ended with an interactive session with the national team in with queries of the program facilitators relating to the training as well as in the field were responded by Dr. Aditi Hegde.

**"Capacity Building to im-** As an impact of the PLA meet- seen that a lot of service delivprove the health and nutri- ing cycles and other follow up ery gaps have been addressed tion status of women / ado- measures by the CVs and the however certain gaps require lescents from the underpriv- PFs there has been an increase intervention at the administraileged community of Puri in the number of SHG women tive level. Based on the experiand community members in ence of interfaces/meetings In the current quarter the pro- accessing the public health fa- the team has started approachgram team had an intense en- cilities and the ICDS services. ing the concerned higher augagement with the women col- Increased access to public thorities of health and ICDS lectives (SHGs) in the interven- health facilities enabled them and the municipal corporation tion areas of two urban slums in identifying the service deliv- to address the identified isof Puri. The change vectors ery gaps as a result of which sues. modules during the PLA meet- face-to face discussion with the **Meeting with the adolescent** ing cycles with the handhold- frontline workers to under- girl ing support of the program stand the reason behind these With the PLA meetings the facilitators. The PLA meeting service delays. Therefore look- need for separate meetings for cycles for six micro-modules ing into the demand of the adolescent girls was felt. Thus has been completed so far. Be- community the PFs with the the Program facilitators resides, the program facilitators support of the CVs have been operationalised the Advika counselling, convergence meeting between ings and started engaging with growth monitoring in coordi- the women collectives and the the adolescent girls in the comnation with the frontline work- FLWs of health and ICDS de- munity. Discussions on adolesers of health and ICDS includ- pending upon the need to min- cent nutrition, health and hying documentation of case imize the service delivery gaps. giene takes place now in the From our SHG-FLW interface/ field in presence of the front convergence meetings it was line workers.

interface/ sessions/ Kishori Balika meet-





### Health camp on screening, counselling and referral of NCDs

Public Health Resource Society (PHRS) in collaboration with NHM and GAIL Gas Ltd. organised a health camp for screening, counselling and referral of NCDs among the residents of Baliapanda and Penthakata slum on 28th November 2021 at UPHC, Balia- through the health camp on mia and obesity were also panda, Puri. The camp was NCDs. National Health

### ଗେଲ୍ ଗ୍ୟାସ ଲିମିଟେଡ, ପବ୍ଲିକ ହେଲ୍ଥ ରିସୋର୍ସ ସୋସାଇଟି ପକ୍ଷରୁ ମେଗା ସ୍ୱାସ୍ଥ୍ୟଶିବିର

ସରୀ (କ୍ୟରୋ): କଳିଆପଷା ସ୍ଥିତ ସହାରିଞ୍ଚଳ ପ୍ରାଥମିକ ସ୍ୱାସ୍ଥ୍ୟକେନ୍ଦ୍ର ପରିସରରେ ଏକ ମେରାସ୍ୱାସ୍ଥ୍ୟ ଶିଦିର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । କୁମକର୍ଜିଷ୍ଣ ସହରୀକରଣ ହେତୁ ପରିବର୍ଭିତ ଜୀବନଶୈଜୀ କିପରି ଅଶସଂକ୍ରାମକ ରୋଗର କାରଣ ସାଜିଛି ତାହାକୁ ନେଇ ଏହି କାର୍ଯ୍ୟକମ ଅନ୍ୟତିତ ହୋଇଯାଇଛି । ଏହି କାର୍ଯ୍ୟକ୍ରମ ରେଲ ଗ୍ୟାସ ଲିମିଟେଡ, ପବ୍ଲିକ ହେଲ୍ଥ ରିସୋର୍ସ ସୋସାଇଟି, ରାଷ୍ଟ୍ରୀୟ ସ୍ୱାସ୍ଥ୍ୟ ମିଶନ ଏବଂ ମହିଳା ଓ ଶିଶ୍ର କଲ୍ୟାଶ ବିଭାଗ ସହଯୋଗରେ ଆୟୋଳିତ ହୋଇଥିଲା । ଏଥିରେ ମୁଖ୍ୟଅତିଥି ଭାବେ ଗେଇ ଗ୍ୟାସ ଲିମିବେଡର ଜି.କି.ଏମ ଆନନ୍ଦ ପଧାନ ଯୋଗ ଦେଇଥିବା ବେଳେ ସମ୍ମାନିତ ଅତିଥି ଭାଦେ ସିତଦ୍ରୁାସିର ସଭ୍ୟା ଦିସ୍ତୀ ଦାଶ, ଗେଲ ଗ୍ୟାସ ଲିମିଟେତର କର୍ମଚାରୀ ଜଃ ବିନାୟକ ସାହ ଏବଂ ଅନ୍ୟ ସଦସ୍ୟ, ମ୍ୟୁନିସିପାଇଟିର ସ୍ୱାସ୍ଥ୍ୟ ଅଧିକାରୀ



ଦେଇଥିଲେ । -06 ଶିକିରରେ ରୋଗୀମାନଙ୍କର ରକ୍ତଷପ, ମଧୁମେହ, ହେମୋଗ୍ଲୋଦିନ, କୃତଗ୍ରପ ତିହୃଟ ଓ ବିଏମଆଇ ଆଦି ପରୀକ୍ଷା କରାଯାଇଥିଲା । ଏହି ସ୍ୱାସ୍ଥ୍ୟ ଶିବିରରେ ବଳିଆପକ୍ଷା ଓ ପେଣ୍ଡକଟାର ଶତାଧିକ ବ୍ୟକ୍ତି ନିଜର ସ୍ୱାସ୍ଥ୍ୟ ପରୀକ୍ଷା କରିଥିଲେ । ମେଡିକାଲ ଅଫିସର ସଖାରୀ କାରାଯ୍ବଳା । ୧୮୮୦ କାଲା ପର୍ଯ୍ୟ କର ତଃ ସୁନୀଲ ତରାଇ, ତଃ ପ୍ରହ୍ୟୁତ ସ୍ୱାଇଁ ଓ ଏଏନ-ଏମଙ୍କ ସହଯୋଗରେ ଏହି ସ୍ୱାସ୍ଥ୍ୟ ପରୀକ୍ଷା କରାଯାଇଥିଲା । ପର୍ବିକ ହେଇଥ

10.0 000 ST-CEIK ପୂତ୍ୟକ୍ଷ ତର୍ବଧାନରେ ପୋଗ୍ରାମ ଫାସିଲିଟେଟର କେ. କୁପା ରାଓ, କ୍ୟୋତିର୍ମୟୀ ବିଶ୍ୱାଳ, ପ୍ରିୟଙ୍କା ପ୍ରିୟଦର୍ଶିନୀ, ବୁପ୍ରିୟା ପଟ୍ଟନାୟକ ଓ ଆଦ୍ୟା ଆରଧନା ପ୍ରମୁଖ ସ୍ୱାସ୍ଥ୍ୟ ଷିଦିଉଜୁ ପରିଚାକନା କରିଥିଲେ । କଳିଆପଷା ଓ ପେଣ୍ଡକଟା ଅଞ୍ଚଳର ଅଙ୍ଗନହାଦି କର୍ମୀ ପ୍ରମିଳା ବାରିକ, ବେତି ସିଂ, ଅର୍ଯ୍ୟିକା ସିଂ, ଶୁଭଶ୍ରୀ ଚଳିଆର ସିଂହ ସ୍ୱାସ୍ଥ୍ୟ ଶିବିରରେ ଯୋଗ ଦେଇଥିଲେ ।

high. The disease burden of attended by officials namely A team of two doctors, three NCDs in the community indi-Mr. Ashok Kumar Sitha from ANM, two pharmacist and two cated for immediate measure Integrated Child Development support staff from the UPHC to be taken to curb the in-Services (ICDS), Dr. Pradyut Baliapanda were appointed creasing burden of NCDs in the Swain and Dr. Sunil Tarai from for the camp. The Programme community. The camp con-Mission Facilitators and the Change cluded with closing remarks (NHM), Ms. Dipti Das from Vectors supported the camp from Mr. Anandmoy Pradhan,



Child Welfare Gas Ltd along with Mr. for the check-ups. Anandmoy Pradhan, DGM, Parameters GAIL Gas Ltd.

create awareness in the com- moglobin. the camp in the inaugural ses- pants of the camp. sion and briefed about the ca- A total of 106 participants atpacity building programme in tended the event. The results the urban slums of Puri dis- of the camp showed that sigtrict. He further expressed the nificant proportion of people benefits that would be en- were hypertensive and diabettailed by the community ic. The disease burden of ane-

Committee by ensuring registration of the DGM, GAIL Gas Ltd in which he (CWC) and the staff from GAIL participants and guiding them appreciated the efforts taken

like weight, blood pressure were the needs of such camps in Awareness generation activi- recorded in the camp along improving the health status of ties were done in advance to with blood glucose and hae- the community. Following this, munity and mobilise the com- based on the results, the docmunity for the camp. The chief tors of the UPHC prescribed guest, Mr. Anandmoy Pradhan the medicines and advised a addressed the participants of follow-up visit to the partici-

by PHRN in organising the height, health camp and stressed on



तेजस्विनी क्लब – मेरी ताकत तेजस्विनी क्लब हिसरा-1, चैनपुर, पलामू के प्रशिक्षण में उस दिन कुल 16 किशोरियाँ प्रशिक्षण ले रही थी। मैने उनलोगों से जब बात किया तो पता चला कि अब तक वहाँ एक भी ए.जी.वाई.डब्ल्यू ने कोरोना का टीका नहीं लगवाया है। कारण पूछने उन्होंने बताया कि पर 3 ए.जी.वाई.डब्ल्यू को छोड़कर बाकी सभी 18 वर्ष से कम उम्र की है। 18 में आने लगी तथा क्लब की हर परिणाम से वह पिछले 2-3 महीने से वर्ष से अधिक उम्र वाली 3 ए.जी.वाई.डब्ल्यू से जब टीका नहीं लेने का कारण पूछा तो एक ने बताया कि सूई लेने से डर लगता है इस कारण से टीका नहीं लगवाया है। दूसरे ने बताया कि, सुना है कि टीका लेने से लोग बीमार पड़ रहे हैं इसी डर से टीका नहीं लगवाया। तीसरे ने बताया कि वह बीमार रहती थी इसलिए टीका नहीं ले सकी और अभी गाँव के आस-पास कहीं टीका नहीं लग रहा है। मैने जब उसके बीमारी के बारे में जानना चाहा तो उसने बताया कि उसका नाम नेहा है और वह 18 वर्ष की है। पहले वह महीने में लगभग 12 से 15 दिन बीमार रहती थी। वह बहुत कमजोर थी जिसके कारण वो अक्सर बेहोश हो जाती थी और उसके सिर एवं पेट में दर्द रहता था। उसके बीमारी से परेशान होकर उसके माता-पिता उसकी शादी करने के लिए रिश्तेदारों में बात चलाने लगे थे। उसके पिता को आँख से दिखाई नहीं देता है।

दुकान चलाती है तथा थोड़ा सा फलों का भी सेवन करती हूँ। अपने जमीन है जिसमें खेती करती है।जब व्यक्तिगत साफ-सफाई पर मैं ध्यान नेहा तेजस्विनी क्लब से जुड़ी तो देने लगी हूँ। क्लब से जुड़ने से पहले उसके माता-पिता ने विरोध किया मैं मासिक धर्म के दौरान कभी भी कि क्लब जा कर क्या करोगी। पर पैड का प्रयोग नहीं करती थी परन्तु गाँव की अन्य लड़कियों को क्लब में प्रशिक्षण के दौरान पैड के महत्व एवं जाते देख, उसके भी मन में अन्दरूनी साफ-सफाई के बारे में तेजस्विनी क्लब से जुड़ने की इच्छा समझने पर अब सिर्फ पैड का प्रयोग बढ़ने लगी। इसलिए उसने अपने रह रही हूँ।आगे उसने बताया कि उसे माता-पिता को समझाया और क्लब यह महसूस होता है कि इस सब के



गतिविधि में भाग लेने लगी। सबसे पहले उसने तेजस्विनी उन्मुखिकरण प्रशिक्षण में भाग लिया फिर जीवन कौशल के सभी चार विषयों के प्रशिक्षण में भाग लिया। जीवन कौशल के विषय-3, स्वास्थ्य एवं पोषण. का प्रशिक्षण प्राप्त करने के बाद उसे पता चला कि उनका खान-पान का तरीका गलत है। उसने बताया कि, मैने अपने खान-पान के तरीके में बदलाव लाया और नियमित रूप से हरे साग-सब्जियों को अपने खाने में शामिल किया।

NEWS FROM JHARKHAND उसकी माँ घर पर एक छोटा सा गाँव में आसानी से प्राप्त होने वाले बीमार नहीं हुई है और अब वह व्यर्थ

> की चिंता भी नहीं करती है। आगे उसने बताया कि पहले बीमार रहने के कारण वह पढ़ाई नहीं कर पाती थी जबकि अब वह अपने पढ़ाई के साथ-साथ गाँव के बच्चों को ट्यूशन भी पढ़ाती है और घर के काम में हाथ भी बटाती है तथा उसके ईलाज में खर्च होने वाले पैसों से अन्य जरूरतों को पूरा कर पा रही है। बहुत खुशी के साथ नेहा ने साझा किया कि उसके माता-पिता अब उसकी शादी के बारे में बात भी नहीं करते हैं। अब वह खुद से अपने दोस्तों एवं अन्य लड़कियों को स्वास्थ्य एवं पोषण सम्बन्धी जानकारी देती है। नेहा दसवीं की छात्रा है और आगे पढ़ना भी चाहती है तथा तेजस्विनी क्लब से जुड़कर सीखते रहना चाहती है।

### राजमणि भास्कर

ट्रेनिंग एवं यूथ डेवलपमेंट स्पेशलिस्ट, तेजस्विनी प्रोजेक्ट

# **Campaign in all districts**

been seeking help of Tejaswini Project team for supporting them in door to door campaign for COVID vaccination. In all 6 districts namelv Palamu. Chatra, Koderma, Deoghar, Pakur and Godda; the team members of Tejaswini have worked hand in hand with the front line workers of health department, ICDS and Jharkhand State Livelihood Promotion Society (ISLPS) to achieve immunisation targets of the district.

Some of the team members have also supported the district authorities in the control rooms. Several Tejaswini Project block level representatives, cluster coordinators and

### Convergence for Apke Adhikar Apki Sarkar Apke Dwar program

**Convergence for Vaccination** youth facilitators were felici- forts in mobilizing the commutated by the district admin- nity during vaccination cam-The district administration has istration for their excellent ef- paign.



made by different depart- extensively participated ments namely health and fami- these camps along with the Tejaswini team have mobilised ly welfare, women and child AGYWs and their families to the community in several dis- and social security, rural de- access the services and linkagtricts to participate in Apke velopment, agriculture to con- es have been established for Adhikar Apke Sarkar Apke verge for extending their ser- aadhar related issues, bank Dwar program. Through this vices to the community. account, vaccination , e-job



program efforts have been Tejaswini Project teams have in cards etc.

### Efforts for linkage with vocational training and business skills

In all the 6 districts a list of eligible AGYWs has been generated who will be taken for the Psychometric Assessment under the programme guidelines. The psychometric assessment test (PAT) is being taken through an app developed by Jharkhand Women Development Society and is being operated by each Youth Facilitator in the clubs with the identified AGYWs. The assessment will now lead to skill related trainings for the AGYWs.

# rations

club in the catchment of two programme. AWC. They listened to the After group photo and chant- dowry, education of girl child series of meetings.

**Tejaswini- a support system** meet the state team. Post inter- He is practising village doctor for adolescent girls to re- action, the clubs started their (RMP / quack) and Maulana of **spond and fulfill their aspi-** performances such as poetry, the area. We faced lots of probskit, song, dance etc.

It started in the month of No- team as it was getting late and stood firmly and revolted vember 2019. The adolescent they were supposed to return against the Maulana and comgirls and young women aged back to Ranchi. At 4.30 the munity on the issue of playing between 14 years to 24 years Cluster Coordinator Nikhat football. Since then they are came together for clubs. One Parveen decided to end the engaged in several issues such

youth facilitators and cluster ing of Tejaswini slogans we etc. coordinators patiently during started dispersing. State team These days we have many such 7 days induction training and left and came on road in their clubs, peer leaders and AGYW car. We also started to leave. who are becoming vocal to

lem and were almost rejected We were worried for state by the community but the club as sex determination. foeticide.



were too eager to address their with its peer leader Kanj Fathi- concern and almost ready to concerns with the help of the ma blocked the road and move towards better social platform in the form of clubs. forced the state team and us to and economic empowerment. They were happy as they got see their performance before The project has identified sevsome free time from routine leaving. Again at the meeting eral AGYW who were keen to household chores assigned at place we settled down to see restart their education e.g Defamily level. On one hand their performance. It was a oghar 1070, Godda 590 and COVID-19 restricted them for very nice group dance perfor- Pakur 450. But during prefew months due-to restrictions mance. We appreciated them. assessment for starting bridge imposed. On the other hand They told us " Hum Log education we found drop out the clubs received seed grants Tejaswini hai aur humari baat in significant number e.g. Deand establishment cost (Rs to sunna hi padega". 25000). They planned and It became very happy moment Pakur 188. dressing the social barriers.

Their aspiration was high and But the club Nemobad Lalgarh place their opinion, raise their

started to act together for ad- for all of us. This change within At the beginning we were worthem started nearly a year ried for decline in family sup-I am sharing one of the story of back when they decided to port. Then we decided to do change I witnessed. Recently play football like other com- home visit and start counseling state team of JWDS visited few munity girls and women were of parents. Within fifteen days clubs in Deoghar for evaluation playing in nearby clubs. They we are so pleased to share of progress achieved in the ca- started playing football in some of the field reports of pacity of AGYW. In Madhupur, proper outfits. One powerful Field Coordinator Bridge Eduthree clubs came together to person of the village revolted. cation.

oghar 335, Godda 158 and

### **Case Studies**

मैं सुशील मुर्मू फिल्ड कॉर्डिनेटर बोआरीजोर। आज मैं TC jamujharnaki Dropout AGYW निगा परवीन और हाफीजा खातून से मिलने गई थी जिन्होंने Pre test दि थी। पर सीसीसी के द्वारा पता चला कि हाफीजा खातून की मां उन्हें पढ़ाई करने के लिए मना कर रही थी। बोल रही थी से भेंट हो गई। उन्होंने हम लोगो को चाची आजकल पढ़े-लिखे का ही जमाना कि हम लोग का बहुत सारा काम है तुम बैठने के लिए बोला। मैंने पूछा है। अभी इनका पढ़ने का उम्र है तो काम छोड़कर पढ़ाई करोगी तो घर का कि दीदी आप पढ़ना चाहते हैं तो वो पढ़ने दीजिए, कियोकी पढ़ने का उम्र काम कैसे होगा। तो मैंने सीसी दीदी से बोली हां। फिर मैंने उनकी मां को खत्म होने के बाद तो ये सारा जिंगी घर उनके घर का पता लिया और खुद उनके बुलवाया। उनकी मां पहले मना कर रही का काम कर के ही बिताएगी और इनका घर पहुंचा। मेरे साथ जिला से सुनील थी कि अब यह पढ़ लिख कर क्या पढ़ाई का सारा खर्च सरकार दे रही है। सर और बीसी सर भी आए हुए थे। जब करेगी। घर में बहुत सारा काम है, अब तब जाकर उसकी मां मान गई और हम लोग पहुंचे तो संयोग वश किशोरी नहीं पढ़ेगी। तो मैने समझाया की बोली ठीक है।

मैं अनीता देवी पोरेयहाट की फील्ड सिर्फ 9 माह में ही 10वी पास कर लिए चुप हो गयी और कुछ देर के बाद कॉर्डिनेटर हूँ। मैं आज सिंदबांक क्लस्टर जाएगी इसके लिये आप को घर से एक बोली ठीक है! हम एक बार घर मे बात की 5 स्कूल ड्राप आउट AGYW से रुपया भी खर्चा नहीं होगा। इसके पढ़ाई कर लेते हैं और इसके ससुराल में भी, मिली जिसमें से यह एक सोनाली के लिए सारा खर्च सरकार देगी और इस अगर इसको पढ़ाने के लिए तैयार हो कुमारी है। मैं जब इसकी माँ से मिली बच्ची का पढ़ाई पूरी हो जाने पर संस्था जाता है तो हम इसे जरूर पढ़ाएंगे। और बात करना शुरू ही कि थी कि आपको पैसा भी देगी। बहुत ही देर इतना सा बात कर के आये हैं उम्मीद तो इसकी मां बोलने लगी कि इसका शादी समझने पर इसकी माँ कुछ समय के है की इसकी माँ इसको पढ़ने देगी। लगा दिए हैं, एक सप्ताह पहले ही और इसका शादी करवा देंगे अब ये नहीं पढ़ेगी पढ़के क्या करेगी और 2 साल कोन रखेगा अपने घर में पढने के लिए। तब मैं उसको बताई की अभी इसकी शादी की कोई उम्र भी नहीं हुआ है इसको अभी पढ़ने दीजिये, अगर यह स्कूल जाती है तो 2 साल लग जायेगा 10वी करने के लिए ,लेकिन हमारे तेजस्विनी परियोजना के माध्यम से





मैं शिवानंद शिवम क्षेत्र समन्वयक मुलाकात हुई।उनके सास-ससुर खेत मे थे यहाँ मात्र इतने ही समय मे आप मैट्रिक (सेतुशिक्षा) सुंदरपहाड़ी ,गोड़ा में और वो घर का काम कर रही थीं। जैसे उत्तीर्ण कर जाएंगी और फिर आगे की तेजस्विनी परियोजना से जुड़ा हूँ। ही मैं पहुँचा वो काफी उत्साहित दिखी पढ़ाई कर सकती हैं। फिर मैंने कहा कि आज मैं अपनी उपलब्धि नहीं बल्कि इस साथ उनके चेहरे से कुछ प्रश्न भी झलक आपने अपने सास-ससुर से अनुमति लेली



परियोजना की उपलब्धि के बारे में रहा था। मैं वहां उसकी 3 वर्षीय पुत्री से है? तो उसने बोला हाँ सास-ससुर और

मुझे मारिया दुलचीस हांसदा से जाएंगे। और काफी खर्च भी होगा। सभी पूरी शिद्दत से लग जाएं तो निश्चित

बताना चाह रहा हूँ, जो कि मुझे भी मिला। बातचीत के दौरान पता चला पति सभी ने मुझे पढ़ाई शुरू करने को तेजस्विनी क्लब बरियारपुर की सदस्या कि उसकी कम उम्रमें शादी हो गयी उस कहा। मैं तो कब से सोच रही थी कि मैं मारिया दुलचीस हांसदा से मिलने के वजह से उसकी पढाई रुक गयी। फिर कैसे पढ़ाई शुरू करूँ? ऐसे में मुझे जब बाद महसूस हुआ। दो दिनों की छुट्टी के उसने दुबारा पढ़ना चाहा लेकिन गर्भवती दुबारा पढ़ाई शुरू करने का मौका मिला बाद जब मैंने क्लब की YF दीदी को और फिर माँ बनने के कारण उनकी तो ये मेरे लिए बहुत बड़ा अवसर है। बताया कि आपके क्लब की AGYW से पढ़ाई अधूरी रह गई। जब मैं पहुंचा तो फिर मैंने यूंही उनसे उनका प्रमान पत्र घर जाकर मिलूँगा तो उन्होंने स्वीकृति में मुझसे पहला प्रश्न यह था कि मुझे कितने माँगा तो उसने मुझे आठवाँ उत्तीर्ण का अपनी हामी भरी। चूंकि अचानक से मुझे दिन पढ़ाई करनी होगी। तो मैंने कहा मार्कशीट दिखाया। मैने देखा कि उसे सुनिल सर से मिलने सुंदरपहाड़ी जाना कुल 9 महीने। वो थोड़ी असहज दिखी काफी अच्छा प्राप्तां कभी प्राप्त हुआ है। पड़ा तो मुझे विलंब होने लगा। उस फिर कहा इतना दिन? मैंने फिर दौरान भी मुझे वहाँ से बार- बार फ़ोन समझाया कि यदि आप रेगुलर कोर्स से अतः मैंने पहले कहा कि ये इस आ रहा था। फिर जब मैं वहां पहुंचा तो पढ़ाई शुरू करती तो आपको 2 साल लग परियोजना कि उपलब्धि है। यदि हम

से ज्ञान सेतु शिक्षा के बारे में जब हम हुए। तेजस्विनी परियोजना अंतर्गत शिक्षा समझाया तो एजीवाईडब्ल्यू और उनके बात किये तो 3 किशोरी तैयार होगयी सेतु मैं नामांकित छातापत्थर क्लब की पिता दोनों मान गए और शिक्षा सेतु से जुड़ने के लिए और इसमें एक ऐसी लीलमुनि मुर्मू और चांदमुनि मुर्मू का घर जुड़ने के लिए तैयार हो गए हैं। कल किशोरी भी जुड़ी जो की दूसरे क्लस्टर से गए वहां पता चला कि चांदमुनि मुर्मू का उनका असेसमेंट भी लिया जाएगा! आयी है। उनका शादी राहबाद क्लब में शादी हो गया है परंतु लीलमुनि मुर्मू हुवा। उनको भी हमने राहबाद क्लब से अकेले जाने से हिचक रही थी परंतु जब

राहबाद क्लब में किशोरी के माता पिता ही जोड़े। इससे उनके घरवाले काफी खुश मैंने उनके पिता और एजीवाईडब्ल्यू को

### **NEWS FROM CHHATTISGARH**

# coming chapter:

Nandi S. & Das N. (2022). Chap- of-pocket **Manohar Publications** 

# Sector

Private hospitals had initially shut down their services completely. There were reports of private hospitals throwing out patients, who they suspected to be COVID-19 positive. Later, services were resumed for non -COVID patients, and even then there were several reports of patients being turned down. There were also instances where patients from private hospitals were transferred to AIIMS Raipur medical college. when the patient became critical. In Durg, a private hospital was converted into a government COVID care centre.

Later on, the Chhattisgarh Health Department also hired a third-party contractor to run a

### **STAFF NEWS**

Well-being, Equity, and Sus- health inequities. tainable Development organised by the WHO. She was a Publication panelist for the technical deep Dasgupta R. et al. (2021) Uni- https://doi.org/10.1007/978dive session on 'Health equity- versal Healthcare and Univer- 981-16-5872-3 9

**Extract adapted from the up-** a subsidized rate. While there ing over public hospitals to prihave been some cases of pa- vate sector medical colleges. tients having to incur some out expenditure ter: Impact of Covid-19 on medicines in government hos- vices health and the health system: pitals, services were mostly Glimpses from Chhattisgarh. In free. On the other hand, the Under PMJAY even the other "COVID-19- A View from the expenses incurred in private claims decreased drastically Margins" Yogesh Jain and Sa- hospitals have been cata- during the pandemic. During rah Nabiya (Eds). New Delhi: strophic. Chhattisgarh govern- ten weeks of the lockdown, ment had announced price there was more than a 51 per caps for COVID-19 treatment in cent decline in the average Failure of the Private Health private hospitals, but the weekly claim numbers, comamounts were several times higher than the same packages lockdown, and a 76 per cent under the state government's reduction in the health scheme.

Moreover, the rates fixed by the lockdown. There was also a Chhattisgarh Health Depart- 3 per cent shift in claims for ment were much higher than women both before and after many other states, such as Ra- the lockdown. For conditions jasthan, Maharashtra, Telanga- (such as pneumonia, respiratona, Andhra Pradesh and Kerala. ry failure, fever, etc.) that may The state health department be related to COVID-19, there failed to hold the private hospi- was a 68 per cent decline in the tals accountable for providing number of claims in the first treatment at rates fixed under week of the lockdown. DKBSSY/AB-PMJAY.

mitted to private hospitals inability of patients to travel have had to pay exorbitant for treatment due to the lockamounts. Despite the clear evi- down, the major reason was dence on the private sector that the private hospitals susfailing to provide services, or pended their services or reengaging in price gouging dur- fused to admit patients under ing the pandemic, Niti Aayog, the PMJAY. central government and many

COVID dedicated hos- state governments have propital at the ESIC ceeded to implement publicbuilding in Raipur at private partnerships for hand-

# for PMJAY for non-COVID ser-

pared to 12 weeks before the claimed amount in the early period of

While part of the reason for As a result, most patients ad- this may have been due to the

the foundation for well-being' salising Health Insurance: Exon 14 December 2021. She amining the Binary Through Sulakshana Nandi participat- spoke about the role of civil the RSBY/MSBY in Chhattised in the 10th Global Confer- society in health promotion garh. In: Qadeer I., Saxena K.B., ence on Health Promotion for for wellbeing and in reducing Arathi P.M. (eds) Universalis-

Healthcare in India. ing Springer, Singapore.

### **GLIMPSE OF THE QUARTER**







Public Health Resource Network (PHRN) is a growing network of individuals and organizations with the perspective of strengthening technical and management capacities to take action towards the common goal of 'Health for All'. Its main objective is to contribute and strengthen all efforts directed towards the goal of 'Health for All' through promotion of public health, social justice and human rights related to the provision and distribution of health services, especially for those who are generally left underserved. PHRN is currently working directly in the states of the states of Chhattisgarh, Jharkhand and Odisha and has contributed to the on-going work of strengthening public health systems in other states through its partnerships with other institutions.

Public Health Resource Society (PHRS) is the core group that has initiated the network. PHRS is a national level organization that is registered in Delhi under Societies Registration Act 1860 (Act XXI). It comprises of a small group of members and full timers that provides leadership to the network as well as functions as its secretariat.

# PUBLIC HEALTH RESOURCE SOCIETY

K 65, Hauz Khas Village, Hauz Khas, New Delhi-110016 Contact No.: 011 26868118, 011 42576337