



PHRN NEWSLETTER

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EDITORIAL

Dear friends,

We are glad to share our quarterly newsletter for the period July- September 2022. We continue to demonstrate our efforts toward our committed goals. Our team has shown their dedication in implementing projects on various themes across states, which is highly appreciated.

During this phase we gained more experience through new projects and other development opportunities. The Mobilization and Advocacy for the Girl (MAGiC), a project supported by Jhpiego was launched in twenty villages of Madhupur block, Deoghar district, Jharkhand. A formative study was conducted to understand the gender dynamics in the community and at the household level. The project also provides a scope for campaign and advocacy for girl child, and this has been demonstrated through various modes like "nukkad naatiks" or street plays and various other community events.

In Odisha, with the opening of the 61 creches in the first phase under OPNIP, the community welcomed the interventions and there is huge demand for more such programmes. The department is planning for operationalise 46 new centres and the preparatory work in this regard is ongoing. This phase also saw progress with respect to 125 APF-PHRS creche. The proposal for takeover of the 125 creches has been approved and soon these creches shall be taken over by the WCD department under the Kalika scheme. Apart from state level progress, our team in Odisha have participated in various health promotion activities. Malaria, Diarrhoea, Dengue (MDD) events

were organised at various creche villages in Kalahandi district, in collaboration with the health department and ICDS. These events were conducted to create awareness on causes, symptoms and treatment. Our team also celebrated the Poshan Maah in the month of September. Various meetings were organised in the creche villages to discuss types of food, IYCF practices, importance and benefit of tri-colour food, food diversity through PLA. The World Breast Feeding week was observed in Rayagada, Nabrangpur and Kalahandi district. Multiple events were organized at Anganwadi centres and creches with support and collaborating efforts of the ASHAs, AWWs and creche workers. Rallies on this year's theme of "Step-up for breastfeeding" were also conducted to create awareness on importance of breast feeding

During this phase, many of our colleagues got an opportunity to learn and share through various capacity building forums. This included gender training and partnership workshop by UNICEF, ITOCA workshop by Jhpiego among others. 'Integrated Technical and Organizational Capacity Assessment (ITOCA) provided a great opportunity for the core team members to visualise and develop action plan (short to long term) for the organisation. This helped us identify the strengths, weaknesses, and various capacity development areas for the organisation.

Once again, heartfelt congratulations to the entire team for their endeavours in the past few months. Wishing us all more power to continue on this winning streak with hope, trust and a genuine intention for collaborative work. Thanks to all donors, partners and network members for their support and collaborations.

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GLIMPSE OF THE QUARTER

NEWS FROM THE SECRETARIAT

The MAGiC Project takes off in the field

Dr. Aditi Hegde

The MAGiC project -- Mobilization and Advocacy for the Girl -- is being implemented in twenty villages of Madhupur block, Deoghar district, Jharkhand. Mr. Piyush Jha and Ms. Rishita Chandra joined the team in July 2022 as Project Coordinator and Research and Documentation Officer respectively. Activities in the field began following their recruitment. This included the recruitment of field coordinators, focus group discussions with adolescent girls, men, and women in separate groups, a household survey, and community mobilization activities. Broad themes included in the FGDs and household surveys were gender

dynamics in the village, instances of discrimination (in access to education, the burden of work, etc.), male child preference, early marriage, sex determination, messaging about the importance of girl child, schemes and programs by the government, barriers to changing the status of a girl child and with the system, and possible solutions, as well as fertility status and preference, and knowledge, attitude and perception related to sex determination and PCPNDT Act. In August 2022, PHRS began two forms of mass communication – ‘nukkad naataks’ or street plays and various community events where the message about the importance of the girl child and government schemes about the program were discussed.

Partnership management workshop by UNICEF in Delhi

Dr. Aditi Hegde

UNICEF organized a two-day partnership management workshop at The Lalit, New Delhi on 25th and 26th August 2022. This workshop

Abuse were some of the topics covered over the two days.

Refresher training on health and nutrition for Mobile Creches team in Delhi

Dr. Aditi Hegde



was attended by several organizations from across India, all of whom were partnering with UNICEF in various capacities. Dr. Aditi Hegde, Mr. Vivek Goel, and Dr. Nousheen Fatima participated in the workshop on behalf of PHRS; the latter attended only on the first day. Financial protocols and practices, UN Partner Portal, and Prevention of Sexual Exploitation and

Discussions revolved around tracking SAM children, community mobilization, nutritious diet for infants and young children, anthropometry, health and nutrition counseling, and working with the system. In addition, the participants also undertook an anthropometry exercise in the field, with support from Dr. Aditi Hegde. This served as a refresher and practice session.

Internship completion

Dr. Aditi Hegde

Anjali Sharma, Ashish Sharma, Nidhi Ahlawat, and Shveta Nagar completed their internship with PHRS on 30 July 2022. During the internship, they worked on a research project on malnutrition among children under five by supporting the area mapping exercise in selected areas of Delhi and pilot-testing the tool. Additionally, each intern worked with an assigned mentor to develop a research proposal on a theme of their own interest. The internship assignment ended with a closure session; Dr. Vandana Prasad, Mr. V R Raman, Dr. Rupa Prasad, Dr. Aditi Hegde, and Dr. Samik Chowdhury (AUD) attended this meeting where the interns presented their work and discussed their experience and learnings.

Update on Malnutrition study by NHRC

Dr. Nousheen Fatima

In absence of an authorisation letter from NHRC for conducting field visits, the field visits for the study has been delayed. Efforts were made by the study team to coordinate with the respective state's Department of Women and Child Development to seek permissions to initiate field visits and data collection. So far, the field visits and data collection process has begun in the state of Assam, Delhi and Odisha. The permission for data collection in Rajasthan has not been sought yet despite all efforts. The data collection tools for the study were finalised, translated and digitalised. Field investigators were onboarded for Assam, Delhi and Odisha and two-day a virtual training was organised for them on 12th and 13th of September 2022 where they were oriented on ICDS services and implementation of the scheme, nutrition, and malnutrition and were capacitated on all the data collection tools via various practice exercises.

Participation in Gender training by UNICEF, Jharkhand

Dr. Nousheen Fatima

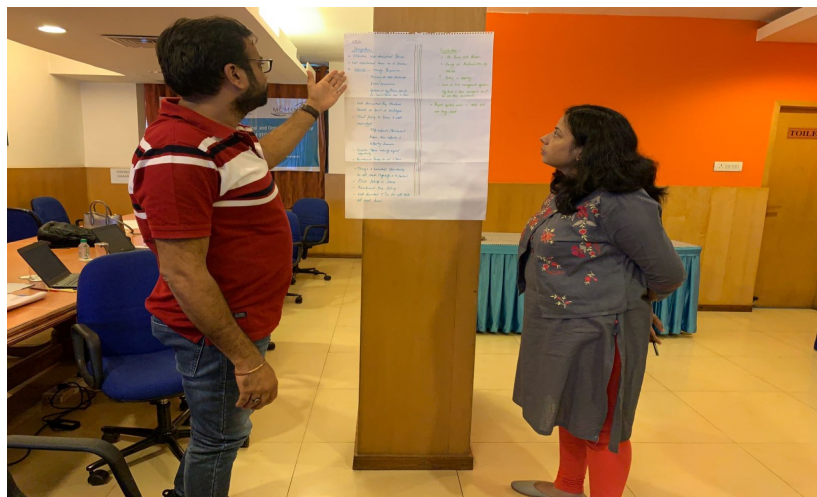
UNICEF organised a two day training on 'shared understanding of gender' on 26th and 27th August 2022 in Ranchi, Jharkhand. Dr. Nousheen Fatima, Programme Coordinator, PHRS attended the training. The training covered an array of topics such as inequality, patriarchy, norms and power and how these are interlinked with each other. A major focus of this training was gender identities and various myths about different gender identities. The training concluded with a detailed discussion on gender lens and its use while addressing a public health issue.



ITOCA workshop in Ranchi

Dr. Nousheen Fatima

As a part of MAGiC project, Jhpiego organised a three day workshop for PHRS on 'Integrated Technical and Organizational Capacity Assessment' (ITOCA) of PHRS in Ranchi, Jharkhand from 19th to 21st September, 2022. This workshop was attended by Dr. Rupa Prasad, Dr. Aditi Hegde, Dr. Nousheen Fatima and Mr. Vivek Goel from PHRS, Delhi as well as Mr. Rajesh Sriwastwa, Mr. Piyush Goel and Ms. Rishita Maiti from PHRS, Jharkhand. In this workshop multiple activities across various organisational themes were undertaken to assess the organisational and technical capacity. During this workshop strengths, weaknesses and various capacity development areas of PHRS were identified and a change action plan was developed to address the capacity development needs of PHRS.



NEWS FROM OD-

Visit to the OPNIP and APF-PHRS creches

Dr. Swagata Tarafdar

During this period, field visits to the newly operationalized OPNIP creches were carried out to assess the implementation of these centres, nutrition service delivery and growth monitoring at the creches and supply chain management of Take-Home Ration from AWCs to the creches. Dr Vandana Prasad, Technical Advisor, PHRS, and Dr Rupa Prasad, Executive Director, PHRS along with SPMU, PMU and District teams visited Kalahandi and Rayagada between 19th and 20th July 2022. The visit was to review the functioning of the newly formed OPNIP creches as well as that of the APF-PHRS creches in the two districts that have reopened after almost two years following the pandemic.

A total of 6 OPNIP creches and 4 PHRS-APF creches were visited.



The creches were functioning well however inadequate indoor space was a matter of concern. It was suggested to utilize available outdoor space for creating temporary structures for children's activities. It was also flagged to keep a check on the AV content of the television, maintain the upkeep of the equipment of the creche and provide handholding support to the SHG and CWs for anthropometry and measuring stocks. Dr. Vandana also stressed on giving more focus

towards red flag children, left out eligible children, ECCD activities/streamlining creche timetable and organising RBSK screening.

APF representative's visit to creches

Mr. Jyoti Ranjan Rout of Azim Premji Foundation also visited six operationalized creches, ten to be operationalized creches and 2 SFCs of JDA, Gonasika; LDA, Morada and HKMDA, Jashipur between 22nd and 26th August 2022.

Video Documentation

Ms. Swati Das

As part of programme documentation, it had been decided to develop a short film on the OPNIP model of creches as the first example of mainstreaming by the government. Principal Secretary, ST & SC Development Dept, had also welcomed the idea and asked the PHRS team to plan for the same. Taking this forward, video documentation of the OPNIP creches at SDA Chandragiri, LSDA Puttasising and KKDA Lanjigargh was undertaken. In addition, to speak about the decision to take up creches & spot feeding centres as a strategy for tackling malnutrition amongst the PVTG community by Dept, Principal Secretary ST & SC Devpt. Dept and Programme Director, OPELIP also gave their bytes. Field level activities of the OPNIP team as well as capturing the engagement of the local PVTG SHGs was also undertaken. It was a wonderful experience.



OPNIP Update

Ms. Swati Das

The 1st phase of interventions under OPNIP was successfully initiated in April 2022, wherein 61 creches, 131 SFCs were made operational. In addition, 169 MSFCs are earmarked and awaiting coordination from WCD to begin functioning.

In the 2nd phase, 46 remaining creches across 09 MPAs are to be made operational for completing the intended 107 creches mandat-

ed under OPNIP. With the opening of the 61 creches in the first phase, the PVTG community in these intervention villages welcomed the interventions wholeheartedly. In addition, the MPAs were met with a demand from the remaining villages to open the remaining creches in their respective areas. This was put forward to the Principal Secretary, ST & SC Development Dept, GoO who also gave her nod for the establishment of the remaining 46 number

of creche centres, to be made operational from the interest money accrued from the CCD funds. Thus, in this regard, preparatory work for operationalising these new centres is currently under process. Along with this, talks for coordination with the Dept. of Women & Child Development, GoO for convergence with ICDS, capacity building and supporting ECCE activities & VHND participation is underway.

OPNIP helps child get a new lease of life after heart surgery

Dr. Swagata Tarafdar

The MSPK cum creche in Adhei village, Guma block started on 7th April 2022 as part of the OPNIP intervention in the Lanjia Saura Development Agency, Serango. Jisaya and Babita Sabar a young couple from the vil-

lage, had enrolled their daughter, Rashmirekha at the creche. The family depended on the agriculture for their livelihood. On 7th April 2022 Rashmirekha was enrolled in Matru Sishu Poshan Kendra, Adhei (MSKP). At the time of admission, she was around 10 months old and was identified as severely underweight. Although, she was regularly coming to the crèche, but she

was not eating properly. Any food she consumed, she used to vomit, and day by day her consumption decreased leading to a continuous decrease in her weight.

Looking into the matter, the crèche committee members, and members of the Maa Mariya SHG who manage the creche, along with the OPNIP team met to discuss the health condition of Rashmirekha. In the meeting, it was decided to conduct a home visit and to counsel the parents to take

her to the health facility for checkup. The RBSK team of Guma was also informed about the health condition of the child and was requested to visit the village. The RBSK team conducted health screening of the child and found that the child had some heart problem. The team referred the child to the DHH for further treat-

ment. Crèche committee member counselled the parents to take her to DHH for treatment. With the help of RBSK team the parents took her to Parlakhemundi DHH. At the DHH, ECHO was conducted, and the report indicated a hole in the heart therefore for further treatment, the child was referred to Raipur hospital. The parents were not willing to take her to Raipur for treatment as they had no money and child's mother was 9 months pregnant. So, the crèche committee and OPNIP team mem-

ber counselled the parents that all the health services for the child is free of cost and there will not be any issue in mother's delivery. This information was shared with RBSK team and MOIC of Guma. On 4th May, the parents took Rashmirekha to Raipur hospital with the help of RBSK team. Soon, her heart surgery was done on

10th May 22.

The child was kept for 7 days under observation in the hospital. During this period, her mother gave birth to another child on 21st May 22. On 23rd May 22 Rashmirekha along with her family returned to their village.

Rashmirekha

now comes to the creche regularly and her weight has also been increasing gradually. On 27th May 22 child's anthropometry was taken, child's weight was 4.7 kg and MUAC was 11.4. In the month of June again child's anthropometry was taken, and child's weight has increased to 4.9kg and MUAC was 11.6. The child enjoys coming to the crèche and playing actively. The parents are happy and thank the OPNIP team for timely action.



MDD campaign

In the current year during the month of June and July, Malaria, Diarrhea, Dengue events were organised at various creche villages of Golamunda block, Th. Rampur block and Lanjigarh Block. These events were organized by Health Department in coordination with ICDS and PHRS. During the event causes, symptoms and treatment of malaria, diarrhea and dengue were discussed.



Celebration of Poshan Maah

Poshan maah was observed in the month of September 2022 in various creche villages of Rayagada, Kalahandi and Nabrangpur district. During poshan maah various meetings were organised to discuss topics such as types of food, IYCF practices, Importance and benefit of tri-colour food, Food diversity (Go, Grow and Glow food) through PLA exercise. The meetings were attended by pregnant and lactating women, adolescent girls and SHGs women. 'Posana' rallies were conducted with the support of the community.



Daman Programme

This programme was organized by Health department on 15th July 2022 at Karkamaska creche village of Bandhapari GP of Lanjigarh block. In the creche, all the creche children were tested for malaria however there were no malaria positive case among children. Among the adults, 5 malaria positive cases were detected out of 100 screened.



New Interns at PHRS, Odisha

Ms. Suhaina K S and Ms. Yashasvi Sharma from Tata Institute of Social Sciences has joined PHRS for a two month internship on 26th September 2022. These interns are mentored by Ms. Swati Priyambada Das. Ms. Suhaina is currently involved in PHRS's work in Rayagada district where she is

working on 'the nutritional status of children under three years in creches of Rayagada district' while Ms. Yashasvi is working on the impact of 'Mainstreaming creches programme' in Anganwadi's and on Rashtriya Bal Swasthya Karyakram services provided in the creche villages.

ଜାତୀୟ ଯୋଷଣ ସଚେତନତା ରଥର ଶୁଭାରମ୍ଭ

ପାଠକାଳୀ(୭୯୯) ଜାତୀୟ ଯୋଷଣ ମାସର ପାଠକ କର୍ତ୍ତା ରାଜ୍ୟ ସ୍ତରୀୟ ସଚେତନତା ରଥର ଶୁଭାରମ୍ଭ ଘୋଡ଼ାପାଳି ମିଳିତ ଭାବରେ ଘୋଡ଼ାପାଳି ସଚେତନତା କର୍ମ ସମିତିର ସମ୍ମାନ ସମ୍ବଳ ପ୍ରଦାନ କରାଯାଇଥିଲା । ଶ୍ରୀମତୀ ସୁଜାତା ଦେବୀ ଯୋଷଣ ମାସର ପାଠକ କର୍ତ୍ତା ଭାବରେ ନିଯୁକ୍ତ ହୋଇଥିବା ସମ୍ବନ୍ଧରେ ସମସ୍ତଙ୍କୁ ସ୍ୱାଗତ କରାଯାଇଥିଲା ।



ସଚେତନତା ରଥର ଶୁଭାରମ୍ଭ ପାଇଁ ଯୋଷଣ ମାସର ପାଠକ କର୍ତ୍ତା ଭାବରେ ନିଯୁକ୍ତ ହୋଇଥିବା ସମ୍ବନ୍ଧରେ ସମସ୍ତଙ୍କୁ ସ୍ୱାଗତ କରାଯାଇଥିଲା । ଶ୍ରୀମତୀ ସୁଜାତା ଦେବୀ ଯୋଷଣ ମାସର ପାଠକ କର୍ତ୍ତା ଭାବରେ ନିଯୁକ୍ତ ହୋଇଥିବା ସମ୍ବନ୍ଧରେ ସମସ୍ତଙ୍କୁ ସ୍ୱାଗତ କରାଯାଇଥିଲା ।

World Breast Feeding Week celebration

Mr. Dilip Basantray

World breast feeding week was celebrated in various creche village across Rayagada, Nabrangpur and Kalahandi district. Multiple events were organized at Anganwadi centres and creches with support and collaborating efforts of the ASHAs, AWWs and creche workers. An array of topics such as early initiation of breast feeding, significance of

colostrum feeding, exclusive breastfeeding for 6 months and complementary feeding after 6 months etc were discussed during the events. These events were attended by pregnant and lactating women, SHG members and adolescents. Rallies on this year's theme of "Step-up for breastfeeding" were also conducted to create awareness on importance of breast feeding.



Capacity building intervention in Puri

Dr. Nousheen Fatima

In this quarter, capacity building activities were conducted for the community through PLA exercises on IYCF practices, rights and entitlements, adolescent health and gender. Handholding support was provided to the frontline workers and SHG women for conducting the Advika sessions for adolescent girls. NCD cases identified during previous PHRS facilitated health camps were followed up on a periodic basis. Home visits and counselling along with growth monitoring of SAM children were also undertaken. Apart from this, support

was provided in facilitating the 'National fish farmer's day' in which issues fisherfolks were discussed with the officials of fishery department. Program facilitators also provided support in various activities such as free eye check-up camp, immunisation at AWCs as well as VHSND sessions.



The 'World Breastfeeding Week' and 'National Nutrition month' were also celebrated in the intervention areas in which awareness generation activities such as rallies and meetings were conducted by the SHG women with support from PFs.



DCPMU review meeting in Rayagada

A DCPMU meeting was organised in Rayagada between 21st and 23rd July 2022. The meeting was attended by Dr. Vandana Prasad (Technical Advisor, PHRS), Dr. Rupa Prasad (executive Director, PHRS) along with members of

PHRS Odisha team. This meeting was organised to discuss the qualitative findings from the field and identify gaps in the programme implementation so as to devise a way forward in achieving the goal of the programme. Presentations were made by the district leads on monthly meetings, NRC referral

cases, red flag children follow-up, dissemination of red flag children's list to Anganwadi Workers (AWW), community growth charts, attendance calendars and tracking of monthly Iron Folic Acid supplementation etc. Based on the presentations, certain decisions and their timelines were also decided during the meeting. A technical session on Blood disorders and Tuberculosis was taken by Dr. Vandana Prasad as these are prevalent among the tribal population. Mr. Akhil Ranjan Panda, member of the Child Welfare Committee undertook session on schemes, facilities, and different acts for child protection while Ms. Sanjukta (Assistant Manager, NCD, NHM) took a session on schemes and facilities under National Health Mission. The meeting concluded with a vote of thanks.



NEWS FROM JHARKHAND

Case Study

बाल विवाह रोकने के लिए जुलेशा खातून का उत्कृष्ट कार्य



नाम: जुलेशा खातून

उम्र : 17 वर्ष

तिथि : 17/08/2022

गाँव का नाम : पहाड़पुर (बसहाटांडपंचायत, सारठ)

तेजस्विनी क्लब का नाम : तेजस्विनी क्लब पहाड़पुर

परियोजना के पहले कैसी स्थिति में थी: जुलेशा खातून, पिता- जफरुद्दीन अंसारी, ग्राम - पहाड़पुर पंचायत - बसहाटांड, प्रखंड सारठ, जिला - देवघर की एक गरीब परिवार की बेटी है जिसकी उम्र मात्र 17 वर्ष है, जुलेशा खातून अपने गांव पहाड़पुर में तेजस्विनी परियोजना के

शुरुआत में ही जुड़ जाती है एवं सभी प्रकार की गतिविधियों में सक्रिय रूप से हिस्सा लेती है।

तेजस्विनी कार्यक्रम में क्या क्या सुधारात्मक गतिविधि किया गया ?

तेजस्विनी परियोजना में जुड़ी और परियोजना से जुड़कर जुलेशा खातून निरंतर क्लब बैठक में हिस्सा लेती है, एवं सभी प्रकार की प्रशिक्षण प्राप्त करती है। जुलेशा खातून सात दिवसीय उन्मुखीकरण प्रशिक्षण प्राप्त करती है जिससे वह महिलाओं के विकास में बाधा एवं इससे निपटने के उपाय को सीखती है, तत्पश्चात परियोजना द्वारा जुलेशा खातून जीवन कौशल प्रशिक्षण प्राप्त करती है। जीवन कौशल प्रशिक्षण भाग- 1 से वह अपने व्यवहार एवं अपने आंतरिक गुण के प्रति जागरूक होती है, जीवन कौशल भाग 2 से वह अपने अधिकार एवं संरक्षण को समझती है, जीवन कौशल प्रशिक्षण भाग- 3 से वह स्वास्थ्य एवं पोषण के प्रति जागरूक होती है एवं जीवन कौशल भाग -4 से वह वित्तीय साक्षरता एवं बचत के प्रति जागरूक होती है।

जीवन कौशल शिक्षा भाग - 2 का जुलेशा खातून के जीवन पर व्यापक असर पड़ता जिससे वह अपने अधिकार, महिलाओं एवं किशोरियों के विशेष अधिकार को समझती है साथ ही क्लब में इससे संबंधित जागरूकता अभियान जैसे बाल विवाह, कन्या कन्या भ्रूण हत्या बेटी बचाओ बेटी पढ़ाओ कार्यक्रम में सक्रिय रूप से हिस्सा लेती है।

इनके जीवन में क्या असर हुआ? क्या बदलाव आया ?

सक्रिय होने से जुलेशा का चयन सदस्य के रूप पंछी परियोजना द्वारा पुनर्गठित बाल संरक्षण समिति में किया जाता है। बाल संरक्षण समिति की बैठक में बाल संरक्षण पर चर्चा सुनकर प्रभावित होती है। जुलेशा की शादी घरवालों की तरफ से कम उम्र में तय कर लिया गया था, परंतु वह बाल विवाह जैसी सामाजिक कुरति के खिलाफ थी साथ ही संरक्षण समिति की सदस्य होने के कारण वह अपने उपर आ रही ऐसी बाधा को रोकने के लिए क्लब के बैठक में इस विषय में सभी से चर्चा करती है वह अपनी शादी इच्छा अनुसार सरकार द्वारा निर्धारित समय के बाद ही करना चाहती है और इस रोकने हेतु वह अपने युवा उत्प्रेरक से अपने घर वाले को समझाकर शादी रोकने का अनुरोध करती है स्वेता रॉय- क्लस्टर समन्वयक एवं रूकसाना खातून - युवा उत्प्रेरक, दोनों उनके माता से मिलती है और कम उम्र में शादी ना करने की सलाह देती है और उन्हें यह समझाती है कि कम उम्र में लड़की मानसिक और शारीरिक रूप से तैयार नहीं है और कम उम्र में शादी करना एक गैर कानूनी अपराध है, इसे अपने इच्छा अनुसार आगे बढ़ने दें, जुलेशा खातून पंछी परियोजना एवं तेजस्विनी परियोजना का आभार व्यक्त करती है।

कन्या भ्रूण हत्या रोकने के लिए चांदनी कुमारी का उत्कृष्ट कार्य

नाम: चांदनी कुमारी

उम्र : 21 वर्ष

तिथि : 31/08/2022

गाँव का नाम : परबलाडंगाल (बड़बाद पंचायत, सारठ)

तेजस्विनी क्लब का नाम : तेजस्विनी क्लब पहाड़पुर

परियोजना के पहले कैसी स्थिति में थी : चांदनी कुमारी ग्राम-परबलाडंगाल, पंचायत बड़बाद, प्रखंड सारठ रहने वाली एक गरीब परिवार की महिला है जिसकी उम्र 21 वर्ष है, चांदनी कुमारी की गर्भवती रहती एवं उसके

परिवार के सदस्य लिंग जाँच करवाना चाहते हैं।



तेजस्विनी कार्यक्रम में क्या क्या सुधारात्मक गतिविधि किया गया ? : तेजस्विनी परियोजना में जुड़ी और परियोजना से जुड़कर चांदनी कुमारी निरंतर क्लब बैठक में हिस्सा लेती है, एवं सभी प्रकार की प्रशिक्षण प्राप्त करती है। परियोजना द्वारा चांदनी कुमारी उन्मुखीकरण एवं जीवन कौशल प्रशिक्षण प्राप्त करती है। जीवन कौशल प्रशिक्षण भाग - 2 अधिकार एवं संरक्षण का चांदनी कुमारी के जीवन पर व्यापक असर पड़ता जिससे वह अपने अधिकार, महिलाओं के विशेष अधिकार को समझती है। साथ ही महिला पुरुष भेदभाव लिंग भेद के प्रति जागरूक हो जाती है।

इनके जीवन में क्या असर हुआ? क्या बदलाव आया ? लिंग भेद के प्रति जागरूक होने के कारण चांदनी कुमारी गर्भवती होने के कारण उसके घर वाले लिंग जाँच करवाना चाहते थे, कन्या होने वे उन्हें जन्म से पूर्व ही गर्भपात करवाना चाहते थे अपने घर वालों के तरफ से लिंग जांच का दबाव दिया जा रहा था। चांदनी कुमारी निरंतर इस कृत्य का विरोध करती है एवं इसे रोकने का निर्णय लेती साथ क्लब

बैठक में अपने क्लब के सदस्यों युवा उत्प्रेरक एवं क्लस्टर समन्वयक से इस सम्बन्ध में बात करती है क्लब की सभी सदस्यों युवा उत्प्रेरक एवं क्लस्टर समन्वयक चांदनी की इस विकट परिस्थिति पूर्ण सहयोग देती हैं तथा सर्व सम्मति से यह निर्णय लिया जाता है कि डेजी कुमारी- क्लस्टर समन्वयक चांदनी कुमारी के घरवालो से मिलकर समझाने का प्रयास करेंगी, डेजी कुमारी चांदनी कुमारी के घर जाकर इस

सम्बन्ध में बात करती है एवं समझाने का प्रयास करती है यह कानूनी अपराध है, लिंग भेद नहीं करना चाहिए बेटा हो बेटी सभी सामान है वर्तमान समय में बेटिया हर क्षेत्र में देश का समाज का गाँव का नाम रौशन कर रही है, चांदनी कुमारी का यह प्रयास सफल हुआ वह तेजस्विनी परियोजना का आभार व्यक्त करती है।

स्तनपान सप्ताह अंतर्गत स्वास्थ्य एवं पोषण के लिए फुल कुमारी का उत्कृष्ट कार्य

नाम: फुल कुमारी

उम्र : 22 वर्ष

तिथि :31/08/2022

गाँव का नाम : डुमरिया (अलुवारा पंचायत, सारठ)

तेजस्विनी क्लब का नाम : तेजस्विनी क्लब डुमरिया

परियोजना के पहले कैसी स्थिति में थी : मेरा नाम फूल कुमारी मेरे पिता का नाम सरयू दास ग्राम डुमरिया पंचायत अलवारा। मैं एक गरीब परिवार की महिला हूँ और हमारे आसपास बूढ़े बुजुर्गों द्वारा यह अफवाह थी कि मां का पहला पीला गाढ़ा दूध निकाल कर फेंक देना चाहिए यह बच्चों को नहीं देना चाहिए या बच्चों के लिए हानिकारक है और मैं भी इस तरह की अफवाह से जुड़ी हुई थी। तेजस्विनी कार्यक्रम मे क्या क्या सुधारात्मक गतिविधि किया गया ? : गांव में जब परियोजना की शुरुआत हुई तो मैं शुरुआत में ही परियोजना से जुड़ी और परियोजना से

जुड़कर मैंने उन्मुखीकरण प्रशिक्षण एवं जीवन कौशल प्रशिक्षण प्राप्त किया साथ ही क्लब गतिविधि में सक्रिय रूप से हिस्सा लेते रहे क्लब द्वारा आयोजित स्तनपान सप्ताह में मैं सक्रिय रूप से हिस्सा लेकर पोषण संबंधी जानकारी प्राप्त की उक्त कार्यक्रम से मैंने जाना की मां का पहला गाढ़ा दूध शिशु को लिए सर्वोत्तम है इससे शिशु को



बहुत लाभ होता है यह शिशु के लिए पहले टीके का काम करता है एवं शिशु को रोग प्रतिरोधक क्षमता प्रदान करता है साथ ही मां को भी स्तनपान कराने से लाभ होता है और स्तन संबंधी बीमारी नहीं होती है। इनके जीवन में क्या असर हुआ? मैं स्तनपान सप्ताह कार्यक्रम में बताए गए बातों से बहुत प्रभावित हुई और जब मैं मां बनी तो मैंने स्तनपान संबंधी बातों को जानकर अपने बच्चे

को पहला गाढ़ा दूध पिलाया अगर मैं इस परियोजना से नहीं जुड़ती तो मैं हमारे ग्रामीण इलाकों में फैली अफवाह के अनुसार ऐसा नहीं कर पाती मैं बहुत खुश हूँ कि मुझे जानकारी हुई और मैंने इसे अपने जीवन में प्रयोग लाया। मैं फुल कुमारी तेजस्विनी परियोजना एवं विश्व स्तनपान सप्ताह कार्यक्रम का विशेष धन्यवाद करती हूँ।

आय अर्जन गतिविधि से रुबाना खातून बनी आत्मनिर्भर



नाम: रुबाना खातून

उम्र :21वर्ष

तिथि :31/08/2022

गाँव का नाम : झिलुवा (झिलुवा पंचायत, सारठ)

तेजस्विनी क्लब का नाम : तेजस्विनी क्लब पहाड़पुर

परियोजना के पहले कैसी स्थिति में थी : रुबाना खातून ग्राम –झिलुवा, पंचायत-झिलुवा, प्रखंड-सारठ, देवघर की निवासी है। रुबाना खातून एक गरीब परिवार एवं आर्थिक रूप से कमजोर युवती है। रुबाना अपने गाँव अंतगत तेजस्विनी

क्लब झिलुवा से जुड़कर प्रशिक्षण प्राप्त करती है। तेजस्विनी कार्यक्रम मे क्या क्या सुधारात्मक गतिविधि किया गया ? :तेजस्विनी परियोजना में जुड़ी और परियोजना से जुड़कर रुबाना खातून निरंतर क्लब बैठक में हिस्सा लेती है, एवं सभी प्रकार की प्रशिक्षण प्राप्त करती है । रुबाना खातून सात दिवसीय उन्मुखीकरण प्रशिक्षण प्राप्त करती है जिससे वह महिलाओं के विकास में बाधा एवं इससे निपटने के उपाय को सीखती है, तत्पश्चात परियोजना द्वारा जुलेशा खातून जीवन कौशल प्रशिक्षण प्राप्त करती है।

जीवन कौशल प्रशिक्षण भाग- 1 से वह अपने व्यवहार एवं अपने आंतरिक गुण के प्रति जागरूक होती है, जीवन कौशल भाग 2 से वह अपने अधिकार एवं संरक्षण को समझती है, जीवन कौशल प्रशिक्षण भाग- 3 से वह स्वास्थ्य एवं पोषण के प्रति जागरूक होती है एवं जीवन कौशल भाग -4 से वह वित्तीय साक्षरता एवं बचत के प्रति जागरूक होती है।

जीवन कौशल शिक्षा भाग - 4 का खाना खातून के जीवन पर व्यापक असर पड़ता जिससे

जिससे वह अपने पैसे की बचत एवं आय अर्जन कर आत्मनिर्भर बनना चाहती है। खाना खातून सिलाई में दक्ष होती है आय अर्जन हेतु कुछ पैसे की आवश्यकता होती है। खाना खातून क्लब के बैठक में आय अर्जन करने हेतु आवश्यक सहयोग की बात क्लब के सदस्यों से करती है। सभी सदस्यों की सर्वसम्मती से निर्णय लिया जाता है कि खाना खातून को आजीविका हेतु क्लब राशी से अल्प अवधि के लिए ऋण उपलब्ध कराया जाय।

इनके जीवन में क्या असर हुआ? क्या बदलाव आया ? सक्रिय होने से खाना खातून को

तेजस्विनी क्लब झिलुवा द्वारा सहयोग राशी दी जाती है। खाना खातून क्लब की राशी एवं घर की राशी मिलाकर एक सिलाई मशीन की खरीदारी करती है। सिलाई मशीन अपने घर में स्थापित कर खाना आय अर्जन कर रही है, साथ ही क्लब के राशी को किस्तों में भुगतान कर रही है। खाना खातून आत्मनिर्भर बनकर अपने परिवार को आर्थिक रूप से सशक्त कर रही है, खाना खातून क्लस्टर समन्वयक- असमत फ़ातेमा, युवा उत्प्रेरक- रानी कुमारी एवं तेजस्विनी परियोजना को धन्यवाद देती है।

NEWS FROM CHHATTISGARH

Global Health Watch 6

Sulakshana Nandi has contributed to Global Health Watch 6: in the shadow of the pandemic, June 2022, Publisher: Bloomsbury Publishing; particularly to Chapter B1 on The Universal Health Coverage/ Primary Health Care divide.

GHW6 is co-produced by People's Health Movement, Medact, Third World Network, Health Poverty Action, Medico International, ALAMES, Viva Salud and Sama. More than 120 public health experts, non-governmental organizations, civil society activists, community groups, health workers and academics from 28 countries contributed to the final book, giving shape to its content and analyses.

Since its first edition in 2005, GHW has been widely perceived as the definitive voice critically reporting on the state of the world's health. It is published every three or four years commenting on the latest developments in global health while focusing on continuities with popular struggles from the past.

The current edition draws heavily on analyses of the global health inequities that the pandemic has revealed, but it is not limited to that. It is designed to question present policies on health and to pro-

pose alternatives through new analysis and accounts of progressive social activism.

The 6th edition is published by Bloomsbury. You can read the introductory chapter here:

<https://bloomsburycp3.codemantra.com/view-er/627bd06d5f150300016f11a1>

XVII International Conference on Public Policy & Management 2022

Sulakshana Nandi participated in the XVII International Conference on Public Policy & Management 2022. The conference was organised by the Centre for Public Policy - Indian Institute of Management Bangalore on 22 -24 August 2022.

She presented on "Assessing the need and considerations for operationalising a specialised public health management cadre in three states of central India" at a special track session titled, 'Public Health Governance in India' organised by Centre for Budget and Policy Studies.

The abstract of the presentation is as follows:

The Covid-19 pandemic has high-

lighted the significance of public health functions of the health system. There is a renewed interest nationally for states to form a Public Health Management Cadre (PHMC). An assessment on the need and considerations for operationalising a specialised public health and management cadre (PHMC) was undertaken in Chhattisgarh, Jharkhand, and Madhya Pradesh.

The research was qualitative in nature and data was collected through in-depth interviews, group discussions and review of secondary literature. The experience of the three states provides many critical insights on planning for and implementing public health and management cadre. While the Covid-19 pandemic has helped in developing an interest and need for public health, there are fault-lines in the discourse that need to be navigated and which are very similar for all states.

The study also reveals that while the emphasis on a public health cadre is important, it is also critical for the public health roles and understanding to be integrated within the health system at all levels, for more responsive and comprehensive healthcare.

STAFF NEWS

S.no	Name	Designation
Following colleagues have joined PHRS		
1.	Jeeban Bachan Nayak	Consultant-Block Programme Coordinator, Nabarangpur
2.	Manoranjan Kumar Bissoyi	Consultant-Block Programme Coordinator, Nabarangpur
3.	Sourav Kumar Paul	Programme Coordinator, PMU Rayagada
Following colleagues have transitioned from PHRS		
1.	Pramita Satapathy	Project Manager-Creche
2.	Sanjay Kumar Bisoyee	Block Project Coordinator, Nabarangpur
3.	Ajit Yadav	Accountant, New Delhi

GLIMPSE OF THE QUARTER



Public Health Resource Network (PHRN) is a growing network of individuals and organizations with the perspective of strengthening technical and management capacities to take action towards the common goal of 'Health for All'. Its main objective is to contribute and strengthen all efforts directed towards the goal of 'Health for All' through promotion of public health, social justice and human rights related to the provision and distribution of health services, especially for those who are generally left underserved. PHRN is currently working directly in the states of Chhattisgarh, Jharkhand and Odisha and has contributed to the on-going work of strengthening public health systems in other states through its partnerships with other institutions.

Public Health Resource Society (PHRS) is the core group that has initiated the network. PHRS is a national level organization that is registered in Delhi under Societies Registration Act 1860 (Act XXI). It comprises of a small group of members and full timers that provides leadership to the network as well as functions as its secretariat.

PUBLIC HEALTH RESOURCE SOCIETY

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